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Assessment

FCS 13.1308 OH3

Alternative Assessment: A Family and Consumer Sciences Teacher's Tool Kit

Dee Allenspach

BOOK ---- An assessment handbook for accountability and documentation of student achievement. OH, Vocational Instructional Materials Laboratory, 1996.

FCS VIDEO 31

Examining Student Work: Facilitator's Guide

ASCD

VIDEO ---- Teachers Guide. A teaching video series designed to help schools, districts and individual teachers understand the rationale for examining student work as a means to critically analyze teaching methods, to ensure that work is rigorous and aligns with established standards, and to develop and improve strategies to help all students learn. The program can be used to introduce principals, supervisors, teachers, and others to several methods that educators are currently using to improve teaching and student learning. This is the facilitator's guide for the series. The videos in this series must be checked out separately. Alexandria, VA, ASCD, 2002.

FCS VIDEO 31A

Examining Student Work: Video 1 - Improving Student Learning

ASCD

VIDEO ---- This is a teaching video series designed to help schools, districts and individual teachers understand the rationale for examining student work as a means to critically analyze teaching methods, to ensure that work is rigorous and aligns with established standards, and to develop and improve strategies to help all students learn. The program can be used to introduce principals, supervisors, teachers, and others to several methods that educators are currently using to improve teaching and student learning. Video 1 focuses on improving student learning. 30 minutes. Alexandria, VA, ASCD, 2002.

FCS VIDEO 31B

Examining Student Work: Video 2 - The Tuning Protocol

ASCD

VIDEO ---- This is a teaching video series designed to help schools, districts and individual teachers understand the rationale for examining student work as a means to critically analyze teaching methods, to ensure that work is rigorous and aligns with established standards, and to develop and improve strategies to help all students learn. The program can be used to introduce principals, supervisors, teachers, and others to several methods that educators are currently using to improve teaching and student learning. 30 minutes. Alexandria, VA, ASCD, 2002.

FCS VIDEO 31C

Examining Student Work: Video 3 - Standards in Practice

ASCD

VIDEO ---- This is a teaching video series designed to help schools, districts and individual teachers understand the rationale for examining student work as a means to critically analyze teaching methods, to ensure that work is rigorous and aligns with established standards, and to develop and improve strategies to help all students learn. The program can be used to introduce principals, supervisors, teachers, and others to several methods that educators are currently using to improve teaching and student learning. 30 minutes. Alexandria, VA, ASCD, 2002.

FCS VIDEO 31D

Examining Student Work: Video 4 - Collaborative Analysis of Student Learning

ASCD

VIDEO ---- This is a teaching video series designed to help schools, districts and individual teachers understand the rationale for examining student work as a means to critically analyze teaching methods, to ensure that work is rigorous and aligns with established standards, and to develop and improve strategies to help all students learn. The program can be used to introduce principals, supervisors, teachers, and others to several methods that educators are currently using to improve teaching and student learning. 30 minutes. Alexandria, VA, ASCD, 2002.

Character Education

FCS 20.0105 W37

Teaching Character Education: Using Children's Literature

Wisconsin Department of Public Instruction

BOOK ---- This publication is an annotated bibliography of books that help convey and reinforce the elements that make up the seven characteristics of successful schools: (1) core values, (2) safe and orderly places, (3) family and community involvement, (4) address societal issues, (5) positive relationships, (6) engage students' minds, and (7) high expectations. Selections for each characteristic are targeted to grades PreK-3 4-6, and 7-12. 72 pages. Madison, WI, Wisconsin Department of Public Instruction, 2001.

FCS DVD ROM 17

Respect Rules: On Living A Respectful Life

LINX Educational Publishing, Inc.

DVD ROM ---- This video offers simple ways to start living a respectful life - at home, at school, with friends and co-workers, on the playing field, or in the mall - even while maintaining our individuality. Hear real-life experiences from students and teachers. Get useful advice from a psychologist and an etiquette expert. This video showcases practical ways to live a respectful life today. Grades 6-12. 25 minutes. Jacksonville Beach, FL, LINX Educational Publishing, Inc., 2004.

FCS DVD ROM 40

Learn It, Earn It: Respect in Conflict

Sunburst Visual Media

VIDEO ---- Respect is an essential element in any healthy relationship. This program contains vignettes that illustrate the importance of respecting other people's dreams and interests, culture and differences, and personal tastes. Includes Discussion Items. Grades 7 to 12. Hawthorne, NY, Sunburst Visual Media, 2005.

FCS DVD ROM 101

Communicating Between Cultures
Learning Seed

DVD ROM ---- Some "cultural givens" are so deeply imbedded in thought patterns they are invisible to those who hold them. This video shows how to make some of these patterns visible and improve communication. A series of cross-cultural situations show how even good intentions often go astray. 23 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS VIDEO 103

Character Education Series: Why Values Are Important; Part 1

Jaguar Educational

VIDEO ---- Documentary-style series showcases exceptional examples of morality and good character. Shows what is meant by values; why values are important; why values reflect who we are; and how good values build success and confidence. Individuals share their experiences in helping others, emphasizing the importance of developing an awareness of one's values. the video shows why living by a good set of values makes you feel good about yourself, and why others will feel good about you. Grades 8 to Adult. 16 minutes. Charleston, WV, Jaguar Educational, 2001.

FCS VIDEO 104

Character Education Series - Values: How to Develop and Hold On to Them - Part II

Jaguar Educational

VIDEO ---- Real people tell their stories about experiences that changed their lives, and their values. This program emphasizes developing a sense of who we are through helping others. Includes moving stories of a former drug addict, and an individual who lived in poverty. Encourages reaching out and connecting with other people. Grades 8 to Adult. 17 minutes. Charleston, WV, Jaguar Educational, 2001.

FCS VIDEO 105

Bad Friendships: Doing More Harm Than Good

Human Relations Media

VIDEO ---- This program was created to help young people understand the unique factors that can lead to unhealthy relationships. The video and activities in the Teacher's Resource Book will help students evaluate their relationships, and learn ways to leave unhealthy relationships behind. Students are also asked to consider the extended outcomes of bad friendships--including damaged reputations, lost integrity, guilt and even problems with drugs or alcohol. The program encourages young people to consider their own roles as friends, and to examine the positive and negative aspects of their behaviors towards others. Grades 5 to 8. 16:38 minutes. Mount Kisco, NY, Human Relations Media, 2003.

FCS VIDEO 136

Attitude Alert

A Meridian Production

VIDEO ---- This video explores the belief that a person's attitude, whether at home, school, or in the community, has tremendous influence on one's actions. In the video some middle school students decide to start a school-wide advice column. As problems come pouring in, they notice an interesting phenomenon--many of the conflicts erupted because of a student's attitude. In before-and-after scenes, students will see that by changing their attitude, they can change an unhappy circumstance. Middle School. 15 minutes. Bloomington, IL, Meridian Education Corporation, 2000.

FCS VIDEO 215

Trustworthiness: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215A

Fairness: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215B

Caring: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215C

Citizenship: Character Education - In Search of Character

Live Wire Media

BOOK ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215D

Honesty: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215E

Courage: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215F

Diligence: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215G

Responsibility: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 215H

Integrity: Character Education - In Search of Character

Live Wire Media

VIDEO ---- This series of ten videos spotlights ten core virtues that help teens develop into caring, responsible people who make choices based on what is right, rather than what is easy. Set as a radio show with hosts and high school students involved in lively, thoughtful discussions about the different aspects of character. 30 minutes. San Francisco, CA, Live Wire Media, 1999.

FCS VIDEO 224

I'm Normal, You're Weird: Understanding Other Cultures

Learning Seed

VIDEO ---- Understanding different cultures. How other cultures differ in values and behaviors. What some see as normal, others may see as strange or alien. Aliens take on human form as a study project to better understand other cultures. 23 minutes. Lake Zurich, IL, Learning Seed, 1998.

FCS VIDEO 225

Communicating Between Cultures

Learning Seed

VIDEO ---- Some "cultural givens" are so deeply imbedded in thought patterns they are invisible to those who hold them. This video shows how to make some of these patterns visible and improve communication. A series of cross-cultural situations show how even good intentions often go astray. 23 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS VIDEO 227

Embracing Diversity

RMI Media Productions

VIDEO ---- Explores many facets of diversity including cultures, gender, race, religion and more. 28 minutes. Olathe, KS, RMI Media Productions, 2000.

FCS VIDEO 232

Respect Rules: On Living A Respectful Life

LINX Educational Publishing, Inc.

VIDEO ---- This video offers simple ways to start living a respectful life - at home, at school, with friends and co-workers, on the playing field, or in the mall - even while maintaining our individuality. Hear real-life experiences from students and teachers. Get useful advice from a psychologist and an etiquette expert. This video showcases practical ways to live a respectful life today. Grades 6-12. 25 minutes. Jacksonville Beach, FL, LINX Educational Publishing, Inc., 2004.

FCS VIDEO 233

Learn It, Earn It: Respect in Conflict

Sunburst Visual Media

VIDEO ---- Respect is an essential element in any healthy relationship. This program contains vignettes that illustrate the importance of respecting other people's dreams and interests, culture and differences, and personal tastes. Includes Teacher's Guide. Grades 7 to 12. 18 minutes. Hawthorne, NY, Sunburst Visual Media, 2005.

FCS VIDEO 275

Bullies & Harassment On Campus

TMW Media Group

VIDEO ---- NOTE: Contains incident of profane language, may elect to preview before showing to class. This program discusses bullies and harassment on campus and some of the motivations behind a bully's behavior. Using interviews with teens that bully and teens that have been bullied, this program provides a broad understanding of why bullies do what they do, the best way to handle them and who can be of help in a harassing situation. The program discusses the damage to self esteem when a student becomes the constant victim of bullying and the ways to avoid conflict and violence on campus. High School. 21 minutes. Venice, CA, TMW Media Group, 2001.

Child Abuse

FCS DVD ROM 74

Elijah's Story

National Center on Shaken Baby Syndrome

DVD ROM ---- This documentary follows the life of a 16-month-old who was shaken to death by his biological father when he became frustrated with Elijah's crying. The film includes candid interviews with Elijah's mother, father and grandparents, as well as the 911 call, the father's taped confession and his statements from prison. Two versions are available, the original 28-minute video and an 18-minute version with fewer emotional scenes, and an added interview by a physician talking about what can be learned from the film. This film was produced in 2000 and updated in 2004. Includes Spanish versions. Ogden, UT, National Center on Shaken Baby Syndrome, 2004.

FCS VIDEO 191

Eternal Scars: Physical and Emotional Child Abuse

Meridian Education Corp.

VIDEO ---- Sarcastic and rude statements to children can leave as deep a wound as a cigarette burn or wounds from a belt. This important program looks at both physical and emotional child abuse, and the lifetime effects they may have on children. This program touches on what you can do if you recognize abuse of someone you know. 23 minutes. Bloomington, IL, Meridian Education Corp., 2000.

Child Development

FCS 13.1204 B275

Playing Together Learning Together

Joan Barrett

BOOK ---- Play activities for children that help them develop and activities that promote a child's social, mental, and physical skills. Glenview, IL, Good Year Books, 1996.

FCS 20.0101 M88

Sport Readiness

Bernadette Murphy, Gerry Surridge

BOOK ---- The ultimate goal of "Sport Readiness" is to include sports, fitness, and active leisure activities for preschoolers. It will improve hand-eye coordination, promote safe and healthy play and also develop good sportsmanship. Parsippany, NJ, Good Year Books, 2000.

FCS 20.0200 E52

Child Development, Care & Guidance (Advanced)

Peggy Emerson, Patty Hart, Victoria Shahan

BOOK ---- Guide expands students' knowledge for ages and stages of child development. In addition, students apply practical problem-solving techniques to career exploration, and balancing work and family life. Other topics feature criteria for evaluating quality child care, analyzing health and safety concerns, as well as developmentally appropriate play activities. Columbia, MO, Instructional Materials Laboratory, 1998.

FCS 20.0200 H433

Working with Young Children

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 H433A

Working with Young Children-Teacher's Resource Guide

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, The Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 H433D

Working with Young Children-The Observation Guide

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, The Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 OR14

Oregon Program Standards for Child Development

Oregon Dept. of Education

BOOK ---- Defines standards for education programs related to child development, parenthood education, and teen parenting. Also for occupation/career-based programs related to child care and early childhood education. Salem, OR, Oregon Dept. of Education, 1996.

FCS CD ROM 5

I Am Your Child: The First Years Last Forever

The Reiner Foundation

CD ROM ---- Explores brain development in the very young child. The importance of relationships between child and caregiver. Topics include: bonding; communication, health and nutrition; discipline; self-esteem and more. Minimum system requirements: Microsoft Windows 95 or 3.1; 486 or 66MHZ(or higher) IBM or 100% compatible PC. Apple system 7.1 or greater. Macintosh 68040 or greater. 8MB RAM (PC). 16 MB RAM (MAC) recommended. Sound blaster or compatible sound card. The Reiner Foundation, 1997.

FCS DVD ROM 84

Learning Before School: How Parents Can Help

Learning Seed

DVD ROM ---- How can parents give a child the best chance to succeed in school? This program shows how to give kids a head start in three key areas: communication, self-discipline and curiosity. Shows how to interact with children to help them explore their surroundings. It shows that predictable schedules and comforting routines contribute to a child's sense of security and demonstrates how to set limits for children while offering choices. A parents love and guidance are key to help a child develop the skills needed to be ready for success in school. 19 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 23

Children Learning Language: How Adults Can Help

Learning Seed

VIDEO ---- This program guides viewers along the journey from babbling to complex sentences showing how parents and caregivers can create a language-rich environment that stimulates learning. 24 minutes. Lake Zurich, IL, Learning Seed, 1997.

FCS VIDEO 74

I Am Your Child; Ready to Learn

I Am Your Child Foundation

VIDEO ---- There are many things parents and caregivers can do to help build a child's literacy skills from the time he or she is born. This video provides helpful information about: 1) The importance of communicating with your newborn 2) establishing reading routines 3) materials that prepare your child for reading and writing 4) activities to spark your child's interest in learning 5) the importance of quality childcare and 6) incorporating literacy into everyday activities. Hosted by Jamie Lee Curtis and LeVar Burton. 24 minutes. Los Angeles, CA, Dorling-Kindersley, 1997.

FCS VIDEO 74A

Soy Tu Hijo - Listos para Aprender - Presentado por Edward James Olmos

I Am Your Child Foundation

VIDEO ---- Cuando usted sostiene a un bebe con amor y le habla, canta o le lee, la cercania emocional y las experiencias del lenguaje que usted le brinda son una parte importante en la preparacion del nino para cuando tenga edad suficiente para asistir a la escuela y mucho mas! 29 minutes. Los Angeles, CA, Dorling-Kindersley, 1997.

FCS VIDEO 84

Your Healthy Baby

I Am Your Child Foundation

VIDEO ---- In order to give a child a healthy start in life, parents and caregivers need the most up-to-date information on children's health and nutrition issues. This video provides information on: How to maintain good health during pregnancy; Bottle-feeding versus breast-feeding; When you and your child should visit the doctor; What foods to feed your child and when; The importance of exercise. 26 minutes. Los Angeles, CA, Dorling-Kindersley, 2000.

Communication Skills

FCS 20.0101 S 13

Peer Mediation Program Guide: Conflict Resolution in Schools

Fred Schrupf, Donna K Crawford, and Richard J Bodine

BOOK ---- This Program and Student guide shows how to implement a successful peer mediation program with students in grades 5-12, placing particular emphasis on social and cultural diversity. The Program Guide provides step-by-step instructions for training, orientation, and selection of training mediators, 350 pages. The Student Manual is recommended for each student mediator, 104 pages. Champaign, IL, Research Press, 1997.

FCS 20.0101 W347

Relationships: The Communication Challenge Curriculum

Kathryn Ende Wilson

BOOK ---- A mini-unit or enrichment activity for 1-15 days. Content areas: listening, body language, and communication styles and levels. Grades 6 and up. Owatonna, MN, Learning Zone Express, 2002.

FCS DVD ROM 100

Communicating with Tact, Candor and Credibility

Learning Seed

DVD ROM ---- Program covers topics including: rephrasing: making, talking points tactfully; what to say: the art of scripting; lightweight speech patterns; and jargon-filled corporate speak. Shows how to connect with co-workers, team members and supervisors and introduces a four-step method to present your point of view with tact and diplomacy. Audience: General. 19 minutes. Lake Zurich, IL, Learning Seed, 2008.

FCS DVD ROM 101

Communicating Between Cultures

Learning Seed

DVD ROM ---- Some "cultural givens" are so deeply imbedded in thought patterns they are invisible to those who hold them. This video shows how to make some of these patterns visible and improve communication. A series of cross-cultural situations show how even good intentions often go astray. 23 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS DVD ROM 102

Basic Career Communication Skills: Food Services

The School Company

DVD ROM ---- This program begins with an orientation to food services with an emphasis on why communication skills are important to that career. 15 to 20 minutes. Vancouver, WA, The School Company, 2005.

FCS VIDEO 139

It's Not What You Say: Mastering the Art of Communication

Linx Educational Publishing, Inc.

VIDEO ---- Discover the difference word choice can make. Find out what non-verbal communication is all about. Understand the power of emotional tone. From body language to listening, communication is a skill you can learn . . . today! Grades 8-Adult. 26 minutes. Jacksonville Beach, FL, Linx Educational Publishing, Inc., 2003.

FCS VIDEO 225

Communicating Between Cultures

Learning Seed

VIDEO ---- Some "cultural givens" are so deeply imbedded in thought patterns they are invisible to those who hold them. This video shows how to make some of these patterns visible and improve communication. A series of cross-cultural situations show how even good intentions often go astray. 23 minutes. Lake Zurich, IL, Learning Seed, 2004.

Culinary Arts/Food Production

FCS 20.0108 B449

Culinary Math

Linda Blocker & Julia Hill

BOOK ---- This book presents proven step-by-step methods for understanding foodservice mathematics and using it appropriately. Includes concrete examples that connect math concepts to real-world application, as well as self-tests to help readers develop problem-solving skills. New York, NY, John Wiley & Sons, Inc, 2002.

FCS 20.0108 CAFP1

Production - Food, Production, Management, and Services - Teachers Edition

LeRoy Gibson

BOOK ---- Developed to prepare a student for an entry level position in food service production. A student learns kitchen safety/ sanitation, use and care of hand tools and equipment, standard recipe use, meat identification, food quality and storage, types of food preparation, and menu planning. Hands on activities provide the student with opportunities to use the hand tools and equipment to prepare various menu items and then evaluate them. OK, MAVCC, 1992.

FCS 20.0108 CAFP3

Introduction to Food Service - 8th Edition

June Palacio-Payne

BOOK ---- Basic principles of food service. Upper Saddle River, NJ, Prentice Hall, 1997.

FCS 20.0108 CAFP4

A Guide for Purchasing Food Service Equipment

National Food Service Management Institute

BOOK ---- Tips for purchasing conventional food service production equipment. Trends that impact equipment buying. University, MS, National Food Service Management Institute, 1998.

FCS 20.0108 CAFP5

Food Production, Management, and Services - Service Teacher's Edition

Earl Palani

BOOK ---- Includes types of service, table settings, recommended dining room procedures, sidework, guest/employee relationships, sales techniques, and safety and sanitation in the dining room. Completion of the core and service materials should prepare a student for an entry level position in the dining room or as a cashier. OK, MAVCC, 1992.

FCS 20.0108 CAFP6

Food Production, Management, and Services - Baking

LeRoy Gibson

BOOK ---- Teacher's Edition. Allows a student to specialize in the area of baking. Acquaints students with the types of ingredients, hand tools, and equipment used in the baking area. Students are provided the knowledge and hands on experiences in preparing cookies, yeast products, quick breads, cakes, icings and fillings, and pastries and pies. OK, MAVCC, 1992.

FCS 20.0108 M55

Food for Fifty, 11th Edition

Mary Molt

BOOK ---- Food for Fifty is a source for quantity standardized recipes and food production. Features: Resource for a broad variety of tested recipes; Approximately 70 new recipes including non-meat, pasta, bean, and vegetable entrees; Current HACCP guidelines; Updated tables, charts, and cooking information; Enhanced information for planning special meals and receptions; Expanded glossary of menu and cooking items. Upper Saddle River, NJ, Prentice Hall, 2001.

FCS 20.0108 OK691

Food Production, Management, and Services

MAVCC

BOOK ---- This book contains seven units of instruction. Each instructional unit in a teacher guide includes some or all of the following basic components of a unit of instruction: objective sheet; suggested activities for the teacher; answers to assignment sheets; answers to written test; written test; unit evaluation form; teacher supplements; transparency masters; information sheet; assignment sheets; student supplements; and job sheets. Topics covered: orientation; applying for a job; human relations; communication; sanitation; safety; nutrition. OK, MAVCC, 1992.

FCS 20.0108 S3

Chef's Book of Formulas, Yields & Sizes

Arno Schmidt

BOOK ---- Third Edition of encyclopedic reference packed with helpful, practical information, including kitchen yields for more than 2,000 ingredients listed by food groups, sample purchase quantities, suggested serving sizes, tips and tricks for working with various ingredients, and other helpful tools for getting the most out of any size budget. New York, NY, John Wiley & Sons, Inc, 2003.

FCS CD ROM 6

Food Service Express

Shopware

CD ROM ---- Food software training package. Provides skills used in commercial and home kitchens. Describes the most common food borne illnesses. Teaches skills for reading and understanding recipes. Talks about and demonstrates cooking methods and how to evaluate certain meats. Contains 3 CD-ROMs, 1 hard disk and Installation manual. South Charleston, WV, Shopware, 1999.

FCS DVD ROM 3

Food Processing: A Video Field Trip Learning Seed

Learning Seed

VIDEO ---- What happens to food between the farm and the fork? Take this video field trip inside food processing plants to learn how food makers put real strawberries in cereal boxes, create potato chips with just the right crunch, make a beef roast ready to heat, mill wheat into flour, make cheese, and can food. Viewers learn the scientific foundations for freeze drying, flash freezing, vacuum cooking, canning, and see how enzymes work. Viewers learn that most food processing techniques go back a hundred years or more. Take your students behind the normally closed doors to show what happens to the food they eat. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS DVD ROM 4

Brave New Foods: The Biotech Revolution

Learning Seed

DVD ROM ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS DVD ROM 6

Knives: Using Commercial Kitchen Knives Correctly

NIMCO, Inc

DVD ROM ---- Covers the characteristics of good quality knives, techniques for sharpening knives, different types of knives and their uses, how to hold a knife correctly, the use of chopping boards, caring for knives, safety with knives, and 10 different cutting techniques. 28 minutes. Calhoun, KY, NIMCO, Inc, 2003.

FCS DVD ROM 6.1

Just the Facts: Knives

Learning ZoneXpress

DVD ROM ---- Students will learn how to handle knives of all sizes as Chef Jon demonstrates a small paring knife to a large cleaver. Safety and knife handling tips are also covered. Grades 10 - adult. Teaching materials included. 17 minutes. Owatonna, MN, Learning ZoneXpress, 2007.

FCS DVD ROM 8

Kitchen Math: Measuring

Learning ZoneXpress

DVD ROM ---- Success or failure in the kitchen is due to three elements reacting with each other: ingredients, time, and temperature. By understanding how to measure each, you can take the guesswork out of cooking. Chef Jonathan Locke presents with humor and style the history of measuring, basic kitchen measurements, measuring tools and techniques, and measuring serving sizes. 35 minutes. Grade 6 - adult. Owatonna, MN, Learning ZoneXpress, 2005.

FCS DVD ROM 92

Catering: An Insider's Guide to the Business

Meridian Education Corporation

DVD ROM ---- This video provides a look at both the food preparation and business sides of catering and describes: developing a business plan; understanding the proper licensing, insurance, and health standards for a catering business; preparing and equipping a professional kitchen; planning, organizing, and serving a catered event from conception to clean-up; targeting the factors involved in profitable menu-planning, budgeting, and pricing. Includes an overview of sanitation regulations, proper cooking methods, and food transportation techniques. 21 minutes. Monmouth Junction, NJ, Meridian Education Corporation, 2003.

FCS DVD ROM 120

Introduction to Food Safety

National Restaurant Association

DVD ROM ---- This program is the first in a series of six designed to help deliver the ServSafe content. Included in this program: Dangers and costs of foodborne illness; Populations at high risk for foodborne illness; How food becomes unsafe; Keys to food safety. English/Spanish. Approximately 12 minutes. Chicago, IL, National Restaurant Association, 2008.

FCS GAME 1

Let's Make a Missouri Meal!

Missouri Department of Agriculture

GAME ---- A food safety and awareness game designed to: Explore food safety; Find out where food comes from; Learn how to make a nutritious meal. Grades K-7. Jefferson City, MO, Missouri Department of Agriculture, 2004.

FCS VIDEO 2

Professional Careers in the Food Industry

Meridian Education Corporation

VIDEO ---- Shows the works of a food stylist, a chef, a caterer and a food scientist. Discusses training and education needed. 17 minutes. Lawrenceville, NJ, Meridian Corp, 1999.

FCS VIDEO 91

Lavish Gala: Behind the Scenes

CEV Multimedia

VIDEO ---- While taking a behind the scenes look at food production, management and services, students obtain a real-world outlook on production skills, procedures and techniques utilized in catering and other specialized food production operations. The students will be able to perform appropriate tasks in the food industry, describe roles and responsibilities in food operations and analyze personnel qualities in the food staff. In addition, the video will show available technology for food production and the proper equipment and utensils appropriate for prescribed tasks. The video includes suggestions about practicing cost-control techniques in the foodservice operations. Also, students will learn to develop and identify potential clients and... Lubbock, TX, CEV Multimedia.

FCS VIDEO 148

Kitchen Math: Measuring

Learning ZoneXpress

VIDEO ---- Success or failure in the kitchen is due to three elements reacting with each other: ingredients, time, and temperature. By understanding how to measure each, you can take the guesswork out of cooking. Chef Jonathan Locke presents with humor and style the history of measuring, basic kitchen measurements, measuring tools and techniques, and measuring serving sizes. 35 minutes. Grade 6 - adult. Owatonna, MN, Learning ZoneXpress, 2005.

FCS VIDEO 160

Food Processing: A Video Field Trip
Learning Seed

VIDEO ---- What happens to food between the farm and the fork? Take this video field trip inside food processing plants to learn how food makers put real strawberries in cereal boxes, create potato chips with just the right crunch, make a beef roast ready to heat, mill wheat into flour, make cheese, and can food. Viewers learn the scientific foundations for freeze drying, flash freezing, vacuum cooking, canning, and see how enzymes work. Viewers learn that most food processing techniques go back a hundred years or more. Take your students behind the normally closed doors to show what happens to the food they eat. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 162

Brave New Foods: The Biotech Revolution
Learning Seed

VIDEO ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 244

Culture Awareness for The Hospitality & Food Service Industry: Working in a Socially Diverse Environment
NIMCO, Inc

VIDEO ---- Explores the cultural awareness required by those working in Tourism and Hospitality. Introduces a range of definitions & views about Culture, Stereo typing, Multiculturalism, Diversity, & Cross Cultural Communication. Grade 9 - Adult. 27 minutes. Calhoun, KY, NIMCO, Inc, 2003.

FCS VIDEO 245

Knives: Using Commercial Kitchen Knives Correctly
NIMCO, Inc

VIDEO ---- Covers the characteristics of good quality knives, techniques for sharpening knives, different types of knives and their uses, how to hold a knife correctly, the use of chopping boards, caring for knives, safety with knives, and 10 different cutting techniques. 28 minutes. Calhoun, KY, NIMCO, Inc, 2003.

FCS VIDEO 300

Customer Service: Anticipating Customer Needs
National Restaurant Association Educational Foundation

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. 18 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 301

Customer Service: Delivering Exceptional Service
National Restaurant Association Educational Foundation

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. 18 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 302

Introduction to Food Safety
National Restaurant Association Educational Foundation

VIDEO ---- This video is the first in a series of six videos designed to help deliver the ServSafe content. Included in this program: Dangers and costs of foodborne illness; Populations at high risk for foodborne illness; How food becomes unsafe; Keys to food safety. English/Spanish. Approximately 12 minutes. Chicago, IL, National Restaurant Association, 2008.

FCS VIDEO 303

Overview of Foodborne Microorganisms and Allergens
National Restaurant Association Educational Foundation

VIDEO ---- This video is the second in a series of six videos designed to help deliver the ServSafe content. Included in this program: What microbial contaminants are and how they contaminate food; Conditions that affect the growth of microorganisms; Types of food that support the growth of microorganisms; How to differentiate between foodborne infections, foodborne intoxications, and foodborne toxin-mediated infections; Characteristics of bacteria, viruses, parasites, and fungi; Types of biological, chemical, and physical contaminants; Types of food allergens, the symptoms associated with them, and methods of prevention. English/Spanish. Approximately 25 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2007.

FCS VIDEO 304

Personal Hygiene
National Restaurant Association Educational Foundation

VIDEO ---- This video is the third in a series of six videos designed to help deliver the ServSafe content. Included in this program: How foodhandlers can contaminate food; How to wash hands properly and when it is required; Requirements for proper hand care; How to use gloves properly; Requirements for personal cleanliness and proper attire; Policies that should be implemented in the operation regarding eating, drinking, smoking, and chewing gum or tobacco; Requirements for reporting illness and injury. English/Spanish. Approximately 15 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2007.

FCS VIDEO 305

Purchasing, Receiving, and Storage

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is the fourth in a series of six videos designed to help deliver the ServSafe content. Included in this program: How to prevent cross-contamination; How to control time and temperature; General purchasing principles; General guidelines for receiving and inspecting food; Criteria for accepting and rejecting different types of food; General storage guidelines. English/Spanish. Approximately 22 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2007.

FCS VIDEO 306

Preparation, Cooking, and Serving

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is the fifth in a series of six videos designed to help deliver the ServSafe content. Included in this program: How to thaw food; How to prepare specific food; How to cook food; Cooking requirements for specific types of food; How to cool food properly; How to reheat food properly; How to hold food properly; How to serve food properly. English/Spanish. Approximately 20 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2007.

FCS VIDEO 307

Facilities, Cleaning and Sanitizing, and Pest Management

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is the sixth in a series of six videos designed to help deliver the ServSafe content. Included in this program: Sanitary Facilities and Equipment; Cleaning and Sanitizing; Integrated Pest Management. English/Spanish. Approximately 39 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2007.

FCS VIDEO 308

Preventing Slips, Trips and Falls

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. Viewers identify procedures that help prevent hazardous slips, trips and falls. English/Spanish. Approximately 12 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 309

Preventing Lifting and Carrying Injuries

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. Viewers watch proper lifting and carrying techniques that help prevent accidents and injuries. English/Spanish. Approximately 12 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 310

Robbery Prevention and Awareness

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. Viewers watch security procedures that help prevent robberies and workplace violence. English/Spanish. Approximately 12 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 311

Nutrition and Your Menu: Making the Most of Your Menu

*National Restaurant Association
Educational Foundation*

VIDEO ---- This program helps foodservice employees understand nutritious aspects of their menu items, and describe them in an appropriate manner. The viewer will observe the skills necessary to answer guests' nutritional concerns when dining out. 10 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 1994.

FCS VIDEO 312

Diversity--Employee Program: Working Together in Food Service

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. Chicago, IL, National Restaurant Association Educational Foundation, 1994.

FCS VIDEO 313

Customer Service: Serving People

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 314

Customer Service: Teamwork

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 315

Guiding Guests Through Your Menu

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. This program dramatizes the importance of employees knowing their operation's menu, so that they can match what their guests want with what their menu has to offer. 10 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 1994.

FCS VIDEO 316

Creating a Menu That Sells

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. This program dramatizes the importance of planning a menu that meets customers' needs and earns profits. 20 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 1994.

FCS VIDEO 317

Customer Service: Suggestive Selling

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. Approximately 15 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 318

Customer Service: Handling Complaints

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. Approximately 17 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

FCS VIDEO 319

Customer Service: Managing Promotions

*National Restaurant Association
Educational Foundation*

VIDEO ---- This video is part of the National Restaurant Association Educational Foundation's ProStart program. The video dramatizes and models behavior so viewers learn customer service skills applicable to any foodservice environment. Includes a viewer guide with learning exercises to help reinforce the skills taught. Approximately 21 minutes. Chicago, IL, National Restaurant Association Educational Foundation, 2000.

Depression and Suicide

FCS VIDEO 185

Hills & Valleys: Teen Depression

Meridian Education Corp.

VIDEO ---- What is normal and how long should feelings of depression last? Helps students recognize and react appropriately to life's ups and downs. 16 minutes. Bloomington, IL, Meridian Education Corp., 1998.

Disability Awareness

FCS VIDEO 229

Disability Awareness: A Video About Diversity

Learning Seed

VIDEO ---- Includes study guide. Help students learn to interact and communicate with disabled people. How to communicate with blind and deaf people. How to offer help to those in wheelchairs. How disabled students benefit from mainstreaming. 19 minutes. Lake Zurich, IL, Learning Seed, 1999.

Drug Abuse Prevention

FCS DVD ROM 23

No Safe Amount: Women, Alcohol and Fetal Alcohol Syndrome

Human Relations Media

DVD ROM ---- This program demonstrates the unique risks that alcohol poses to women. One girl tells about being raped after a night of drinking. Another, about almost dying after binge drinking and being in a coma for three days. Program follows the girls as they learn the impact of alcohol use on women's bodies how women metabolize alcohol differently than men; why size and gender matter when it comes to drinking; the biology of alcohol addiction and the link to brain damage; and the permanent effects of FAS. Grades: 7 - College. 20 minutes. Mount Kisco, NY, Human Relations Media, 2008.

FCS DVD ROM 25

Dangerous Party Drugs

Educational Video Network

DVD ROM ---- "Party drugs" are nothing to play with. Many of them are frighteningly lethal while others can produce profound brain or organ damage. Learn about the drugs that are most in vogue on the club circuit and at "raves." Important information about Ecstasy, 2C-B, Rohypnol, GHB, Ketamine, psilocybin mushrooms, and Fry (PCP) is provided in a straightforward, no-nonsense presentation. Includes how to respond when someone overdoses, where to get help. Grades 7-12. 30 minutes. Huntsville, TX, Educational Video Network, 2006.

FCS DVD ROM 26

The Last Rave: About Club Drugs

Sunburst Visual Media

DVD ROM ---- Teens need to be informed and alerted to the serious psychological and physical consequences of using ecstasy, methamphetamines and other drugs which many falsely believe to be harmless. This drama makes viewers aware of the risks of using these drugs and challenges teens to think more critically about experimenting with them. Grades 7 - 12. 20 minutes. Plainview, NY, Sunburst Visual Media, 2006.

FCS DVD ROM 27

Confronting Drunk Driving

Human Relations Media

DVD ROM ---- This program features the true story a young man who killed his two best friends in a drunk driving car crash when he was a teenager. Viewers also hear from law enforcement officers who explain the legal risks involved in drinking and driving and emergency room physicians who describe the traumas and deaths they have seen as a result of drunk driving. Includes interviews with parents and family members who have been left devastated by the loss of a child as a result of drunk driving. The program offers important tips for how to avoid being a passenger in a car driven by an intoxicated driver. Includes Teacher's Resource book. Grades: 7 - College. 25 minutes. Mount Kisco, NY, n Relations Media, 2003.

FCS DVD ROM 75

Fetal Alcohol Exposure: Changing the Future

Films for the Humanities & Sciences

DVD ROM ---- This program addresses the diagnoses of fetal alcohol spectrum disorders and the primary and secondary disabilities associated with FASD. The in utero effects of alcohol are considered as well, as are the facial, bodily, neurological, cognitive, and behavioral characteristics of FASD. Recommended for grades 9+. 31 minutes. Princeton, NJ, Films for the Humanities & Sciences, 2006.

FCS VIDEO 92

The Last Rave: About Club Drugs

Sunburst Visual Media

VIDEO ---- Teens need to be informed and alerted to the serious psychological and physical consequences of using ecstasy, methamphetamines and other drugs which many falsely believe to be harmless. This drama makes viewers aware of the risks of using these drugs and challenges teens to think more critically about experimenting with them. Grades 7 - 12. 20 minutes. Plainview, NY, Sunburst Visual Media, 2006.

FCS VIDEO 186

Inhalants: A Deadly High

Meridian Education Corp.

VIDEO ---- Street names for mind altering vapors or fumes are: rush, whippets, poppers, snappers. They are ingested by sniffing, snorting, bagging or huffing. Immediately affects the brain as the substance travels directly from the lung. Long and short term effects are discussed as well. 16 minutes. Bloomington, IL, Meridian Education Corp., 1998.

FCS VIDEO 206

Binge Drinking Blowout: The Extreme Dangers of Alcohol Use

Sunburst

VIDEO ---- Candid interviews with students whose idea of a good party, was to drink to get drunk. They tell of the heavy price they paid in the form of blackouts, violence, date rape encounters or alcohol poisoning. Discusses driving with an intoxicated person and much more. 30 minutes. Pleasantville, NY, Sunburst, 1998.

FCS VIDEO 207

Methamphetamine: The Crystal Cage

United Learning

VIDEO ---- This substance is easily synthesized, readily available and very addictive. Video describes the dangers and why using methamphetamines lead to nothing. Provides tools for parents, educators and kids to confront this problem. Miles, IL, United Learning, 1998.

FCS VIDEO 208

Underage = Unprepared; A Film About Staying Involved, Staying Connected, Helping Your Teen Understand the Dangers of Alcohol

Missouri Division of Highway Safety, Missouri Department of Public Safety

VIDEO ---- Stay involved and stay connected with your teens. This film is designed to help you more clearly understand the magnitude of Missouri's underage drinking problems and begin discussion with your teenager about the dangers of alcohol. Jefferson City, MO, Missouri Department of Public Safety, 2002.

FCS VIDEO 257

Fetal Alcohol Syndrome

National Health Video, Inc

VIDEO ---- This program discusses the negative impact of drug and alcohol use during pregnancy and the results on an unborn child. Los Angeles, CA, National Health Video, Inc, 1999.

Etiquette

FCS DVD ROM 15

Etiquette! I Can't Even Spell It: Dining & Social Skills for Teens

Etiquette Survival

DVD ROM ---- This video includes the bonus video. A Place At The Table. This video provides a fun and creative way to teach the basics of good etiquette and have fun in the process! A humorous and entertaining series of workshops will keep teens engaged and instruct them on how to behave with self-confidence and grace in social situations. Includes instruction on making introductions, dining, proper table settings, poster and telephone skills. 40 minutes. Pleasanton, CA, Etiquette Survival, 2002.

FCS DVD ROM 15.1

Etiquette Hotline: Table Manners

Learning Seed

DVD ROM ---- Viewers eavesdrop on a fictional hotline as distressed callers query an expert on proper table manners. 15 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS VIDEO 248

Which Fork Do I Use?: Manners for Special Occasions

Learning Zone Express

VIDEO ---- A FACS educator gives six multicultural teens the do's and don'ts of dining out -- from the time they step into a restaurant through paying the bill. Audience: Junior High School. 8:30 minutes. A bonus demonstration on creative napkin folding to add a special touch to special occasions at home. Appropriate for grades 6-12. Teaching materials and napkin folding diagrams included. 20 minutes. Owatonna, MN, Learning Zone Express, 2005.

FCS VIDEO 249

Etiquette Hotline: Table Manners
Learning Seed

VIDEO ---- Viewers eavesdrop on a fictional hotline as distressed callers query an expert on proper table manners. 15 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS VIDEO 250

Etiquette! I Can't Even Spell It: Dining & Social Skills for Teens

Etiquette Survival

VIDEO ---- This video includes the bonus video. A Place At The Table. This video provides a fun and creative way to teach the basics of good etiquette and have fun in the process! A humorous and entertaining series of workshops will keep teens engaged and instruct them on how to behave with self-confidence and grace in social situations. Includes instruction on making introductions, dining, proper table settings, poster and telephone skills. 40 minutes. Pleasanton, CA, Etiquette Survival, 2002.

FACS Curriculum

FCS 20.0105 B193

Family and Consumer Studies Curriculum for Oregon Middle Schools

Edith Baldwin

BOOK ---- Explores practical problems, meanings and values. Includes practical problems, has assessment instruments, suggested activities, and planning and implementation strategies. Corvallis, OR, Oregon State University, 1996.

FCS 20.0106 H16

Family/Consumer Resource Management

Robin Harris, Rose William, Sharon Frankenbery, Christine Rehder, Jan Studor

BOOK ---- Prepares students to build stronger families and become responsible citizens. Learning activities and assignments develop thinking, reasoning, leadership and communication skills as students explore resource management. Five modules include overview, objectives, teacher background information, references, activity sheets and/or facts sheets, assessment and scoring guides. Units explore assessing and managing individual/family/and community resources, developing employment skills, analyzing the consumer role, and planning for financial security. Columbia, MO, Instructional Materials Laboratory, 2002.

FCS 20.0106 M55

Curriculum Resource Guide for Career and Family Leadership

Bette Montgomery

BOOK ---- Prepares students to become effective problem-solvers in addressing issues that face families and individuals. Activities include exposing students to community resources and how to access the services. Students also explore leadership roles to become responsible members of families and society. Includes the Career and Family Leadership Competency Profile and Career Development and Entrepreneurship Competency Profile for documenting student progress and assisting in job placement. Columbia, MO, Instructional Materials Laboratory, 2002.

FCS 20.0106 S75

Personal and Family Wellness Curriculum

Irene Storrer

BOOK ---- Information for making behavioral choices which will improve personal and family wellness. Colby, KS, Southeast Kansas Educational Service Center, 1996.

FCS 20.0106 S76

Curriculum Planning in Consumer Economics

Sharon M. Strom

BOOK ---- This guide is part of an ongoing process to create comprehensive, standards-related family and consumer education programs. It suggests an approach to curriculum that challenges students to see the larger ramifications of their daily economic choices on the local and global community. Madison, WI, Wisconsin Department of Public Instruction, 2003.

FCS 20.0106 W371

Curriculum Planning for Family Work and Careers: A Middle School Teacher's Guide

Wisconsin Department of Public Instruction

BOOK ---- This publication offers an approach that challenges students to see the impact of daily choices on their lives and communities. Students investigate questions about family and society, develop skills to address these questions, and engage in individual, family, community action and service-learning projects in an academically rigorous exploration of the family's role in career development and citizenship. This guide builds on new discoveries about the effects of the physical, social, emotional, and intellectual environment on the adolescent brain, and the support needed to enhance development and educational achievement in early adolescence. 346 pages. Madison, WI, Wisconsin Department of Public Instruction, 2005.

FCS 20.0106 W3715

Curriculum Planning for Family and Technology

Wisconsin Department of Public Instruction

BOOK ---- In this curriculum prototype, students investigate significant questions of concern in a digital age to family and society, develop the skills needed to address these questions, and engage in individual, family and community action and service-learning projects. Students discuss and practice these critical life skills in conjunction with an academically rigorous exploration of the family's role in developing information, media, and technology literacy. Madison, WI, Wisconsin Department of Public Instruction, 2006.

FCS MSDE 1

A Facility Planning and Design Guide for School Systems

Maryland State Dept of Education
BOOK ---- The family and consumer sciences facility planning and design guide for school systems developed by the Maryland State Dept of Education assists in planning family and consumer sciences facilities. Baltimore, MD, Maryland State Department of Education, 2001.

FACS National Standards

FCS 13.1308 GA296

National Standards for Family and Consumer Sciences Education

National Association of State Administrators for FACS
BOOK ---- Preparation for success in life includes skills in problem-solving, decision-making, critical thinking, communication, literacy and numerical skills in applied contexts. Focus is on families, work and their interrelationships. Includes academic and occupational content. Decatur, GA, Vocational-Technical Education Consortium of States (V-TECS), 1998.

FACS Program Development

FCS 13.1303 O5

Designing Successful Grant Proposals

Donald C Orlich
BOOK ---- Here are proven guidelines for compiling successful grant proposals - how to organize ideas and establish needs, provide information on monitoring funding sources, and manage the entire proposal-writing process. Also included are tips on how to keep everyone on your writing team involved and on schedule, a model of a successful proposal, and an extensive list of sources that award both public and private grants. Alexandria, VA, Association for Supervision and Curriculum Development, 2002.

FCS 13.1308 S47E

A Facility Planning Guide for Work & Family Studies

Deborah L. Will
BOOK ---- Transitioning from traditional Home Economics to Work and Family Studies requires facility changes. Plan according to the scope of the program; activities that will take place and methods of instruction. This will help plan new facilities or renovate existing ones. Glen Allen, VA, Virginia Vocational Curriculum Resource Center, 1998.

FCS 20.0106 PD1

Implementation Handbook for Family and Consumer Sciences: Including Scope and Sequence, Program Evaluation, and Critical Thinking Process

IML
BOOK ---- The focus of this resource is to prepare students for adult roles and family responsibilities, and to assist administrators and teachers in developing and implementing quality programs which will prepare individuals for family and work life, and their interrelationship. MO, IML, 2000.

FCS 20.0106 PD2A

Implementation Handbook for Family and Consumer Sciences

Instructional Materials Laboratory
BOOK ---- To prepare students for family life, work life, and careers in family and consumer sciences by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed for strengthening the well-being of individuals and families; becoming responsible citizens and leaders; promoting optimal nutrition and wellness; managing resources to meet the material needs; appreciating human worth and accepting responsibility for one's actions and success; using critical and creative thinking skills to address problems; functioning as providers and consumers; successful life management, employment, and career development. Columbia, Missouri, Instructional Materials Laboratory, 2001, Third Edition.

FCS 20.0106 PD2B

Implementation Handbook for Family and Consumer Sciences

Instructional Materials Laboratory
BOOK ---- To prepare students for family life, work life, and careers in family and consumer sciences by providing opportunities to develop the knowledge, skills, attitudes, and behaviors needed for strengthening the well-being of individuals and families; becoming responsible citizens and leaders; promoting optimal nutrition and wellness; managing resources to meet the material needs; appreciating human worth and accepting responsibility for one's actions and success; using critical and creative thinking skills to address problems; functioning as providers and consumers; successful life management, employment, and career development. Columbia, Missouri, Instructional Materials Laboratory, 2001, Third Edition.

FCS 20.0106 W37

Wisconsin's Model Academic Standards for Family & Consumer Education

Wisconsin Department of Public Instruction
BOOK ---- Wisconsin's Model Academic Standards for Family and Consumer Education are designed to support the family's role in our society. The standards provide a framework for setting program and classroom goals and evaluating the quality of student performance. Examples of student work illustrate how sample tasks can be developed using the standards. 19 pages. Madison, WI, Wisconsin Department of Public Instruction, 1997.

FCCLA

FCS CD ROM 1

Career Connection and Leaders at Work

Family, Career and Community Leaders of America, Inc

CD ROM ---- Learn how to link options and skills for success in careers, families and communities. Through individual, cooperative and competitive activities, members discover their strengths; target career goals and initiate a plan for achieving the lifestyle they desire. This new program offers activities in six unit areas: Plug In to Careers; Sign On to the Career Connection; Program Career Steps; Link Up to Jobs; Access Skills for Career Success; Integrate Work and Life. Reston, VA, FCCLA, 2004.

FCS CD ROM 7

FCCLA Chapter Handbook

FCCLA

CD ROM ---- This CD ROM version handbook is the key resource to help advisers and student leaders set up, operate and manage a local chapter of Family, Career and Community Leaders of America. This CD-ROM includes information on: How to use the CD-ROM; introduction to FCCLA; the adviser's role; FCCLA programs and projects; student leadership; membership; funding; chapter communication and public relations; traditions and resources. FCCLA, 2001.

FCS CD ROM 9

Get Connected to...Families First, Financial Fitness, Student Body and FACTS

Family, Career & Community Leaders of America, Inc.

CD ROM ---- The FCCLA Get connected. . . CD-ROM and accompanying guide comprise a one-stop resource for four national FCCLA Programs-Families First, Financial Fitness, Student Body, and FACTS. The CD-ROM provides complete updated and expanded information, project ideas, and tools for each program, as well as a comprehensive section about peer education, the approach used for many of these programs. It also includes background information and resources to help youth leaders create, implement, and evaluate their projects-and to help adult advisers facilitate this youth involvement. CD-ROM works in Microsoft format. Reston, VA, Family, Career & Community Leaders of America, Inc., 2004.

FCS CD ROM 10

Dynamic Leadership and Power of One CD ROM

Family, Career and Community Leaders of America, Inc.

CD ROM ---- CD contains both the Dynamic Leadership and the Power of One programs. The Dynamic Leadership program uses great activities for all skill levels to help young people build leadership skills. The Power of One program encourages personal and leadership development and helps members complete individual projects in the five areas of A Better You, Family Ties, Speak Out for FCCLA, Take the Lead, and Working on Working. Reston, VA, Family, Career and Community Leaders of America, Inc., 2005.

FCS CD ROM 11

The Essential Guide to FCCLA In the Classroom

Family, Career and Community Leaders of America, Inc.

CD ROM ---- This comprehensive Essential Guide details how to explore, setup, plan, introduce, and evaluate co-curricular FCCLA. The CD contains worksheets, lesson plans, resources and hyperlinks that you can personalize to meet the needs of your in-class chapter. Special features include: step-by-step suggestions; tips for chapter success; detailed project examples. The Essential Guide CD ROM works in Microsoft format. Reston, VA, Family, Career and Community Leaders of America, Inc., 2005.

FCS CD ROM 19

Community Service

Family, Career and Community Leaders of America, Inc.

CD ROM ---- This CD builds on the FCCLA organization's rich tradition of student-directed service. The program guides students to develop, plan, carry out, and evaluate projects that improve the quality of life in their communities and enhance their education experience through service-learning activities. Through their projects members take action in their communities and discover the difference they can make through their involvement in FCCLA's Community Service program. Get started today to help youth turn concerns into action to improve local communities. CD can be viewed on any Windows or Macintosh computer that has the capability to play audio, and has the following installed: Adobe Acrobat Reader 6.0 and above; A modern Web Browser, such as... Reston, VA, Family, Career and Community Leaders of America, Inc., 2006.

FCS CD ROM 20

Chapter Handbook

Family, Career and Community Leaders of America

CD ROM ---- The FCCLA Chapter Handbook is the key resource to help advisers and student leaders set up, operate, and manage a local chapter of Family, Career and Community Leaders of America. It is divided into 10 sections: Who We Are; Getting Started; Programs and Projects; Student Leadership; The Adviser's Role; Membership; Costs and Fundraising; Communication; Public Relations; Additional Resources. Reston, VA, Family, Career and Community Leaders of America, 2006.

FCS CD ROM 23
Middle Level Comprehensive Guide
Family, Career and Community Leaders of America, Inc.
CD ROM ---- This guide includes information on starting an FCCLA middle level chapter, FCCLA middle level chapter management, FCCLA resources and nine national program sections. Reston, VA, Family, Career and Community Leaders of America, Inc., 2007.

FCS CD ROM 24
FACTS: Families Acting for Community Traffic Safety
Family, Career and Community Leaders of America
CD ROM ---- FACTS is a national peer education program through which students strive to save lives with seat belt use, safe driving habits, and sober driving. The CD includes lesson plans, PowerPoints, and activities for classroom integration. Reston, VA, Family, Career and Community Leaders of America, 2008.

FCS DVD ROM 110
What's It All About
Family, Career, and Community Leaders of America
DVD ROM ---- Showcases all of the FCCLA national programs, program units, meetings, and gives testimonials from students who have been involved in the organization. Can be used for membership recruitment and informational presentations. Reston, VA, Family, Career, and Community Leaders of America, 2008.

FCS FCCLA 2
Round Table Ideas 2001 - FCCLA 2001 Cluster Meetings - "By Advisors for Advisors"
FCCLA
BOOK ---- Ideas taken from 2001 Cluster meetings in various cities for the FCCLA 2001 year. Experience dynamic multimedia productions, meet other members from across the country, learn about FCCLA's new program "STOP the Violence," get involved in Member Quest 2001, collect new ideas for exciting chapter projects, sharpen your leadership skills, join in opportunities for members of all ages, experience the sites of great, Cluster Meeting cities, and hear speakers on topics that concern and affect you. FCCLA, 2001.

FCS FCCLA 3
Round Table Ideas 2000
FCCLA
BOOK ---- Cluster Meetings are nationally sponsored regional meetings designed to provide ideas for chapter activities and leadership training to chapter officers and members. They offer new and exciting ways for active involvement in FCCLA. Learn what happened at 2000's cluster meetings in New Mexico, Alabama, Missouri and Minnesota! Reston, VA, FCCLA, 2001.

FCS FCCLA 3A
FCCLA Round Table Ideas 2002; "By Advisors for Advisors"
Family, Career and Community Leaders of America
BOOK ---- Use this resource to obtain new ideas on creative teaching and chapter programming. These ideas were presented by advisers at the 2001 Cluster Meetings and "the best of the best" have been put into an easy-to-use format which cross-references FCCLA programs with each topic. Use the 2001 Round Table Ideas to add a new dimension to your FCS Curriculum! Reston, VA, FCCLA, 2003.

FCS FCCLA 4
Teacher Educator's Guide to FCCLA
Family, Career and Community Leaders of America
BOOK ---- This guide prepares student teachers for being FCCLA advisors. It is also ideal for chapter programming, management and structure...with up-to-date FCCLA programs and creative techniques. Reston, VA, FCCLA, 2003.

FCS FCCLA 8
Round Table Ideas 2004
Family, Career and Community Leaders of America
BOOK ---- Use this resource to obtain new ideas on creative teaching and chapter programming. These ideas were presented by advisers at the 2004 National Cluster Meetings and "the best of the best" have been put into an easy to use format which cross-references FCCLA programs with each topic. Use the 2004 Round Table Ideas to add a new dimension to your FACS curriculum. 195 pages. Reston, VA, Family, Career and Community Leaders of America, 2004.

FCS FCCLA 9
Best Practices Book 2005
Family, Career and Community Leaders of America
BOOK ---- Use this resource to obtain new ideas on creative teaching and chapter programming. These ideas were presented by advisers at the 2005 National Cluster Meetings and the best of the best have been put into an easy-to-use format which cross-references FCCLA programs with each topic. 98 pages. Reston, VA, Family, Career and Community Leaders of America, 2005.

FCS VIDEO 35
People, Places, Programs: 1999-2000 Programs Overview
Family, Career, and Community Leaders of America
VIDEO ---- Discover how FCCLA is helping students reach their full potential as they prepare for the future by building strong leaders in families, careers, and communities. Members and advisers will learn how they can take part in programs, make friends, choose a career, travel and become a stronger family member. Reston, TX, Family, Career, and Community Leaders of America, 2000.

FCS VIDEO 37
Member Quest
Family, Career, and Community Leaders of America
VIDEO ---- Show highlights of what FCCLA membership offers, leadership, friends, competitions and more...about the Family, Career and Community Leaders of America. 7 minutes. Reston, VA, FCCLA, 1999.

FCS VIDEO 49
FCCLA is . . .
Family, Career and Community Leaders of America
VIDEO ---- This video showcases all of the FCCLA national programs, program units, meetings, and gives testimonials from students who have been involved in the organization. Can be used for membership recruitment and informational presentations. 12 minutes. Reston, VA, Family, Career and Community Leaders of America, Inc., 2004.

Family Health

FCS 20.0106 B65

Family and Individual Health

Jeanette Brown, Regina Rainey, Jane Wolff, Victoria Shahan

BOOK ---- This curriculum guide is the third in a series featuring critical-thinking activities and practical problem-solving assessment ideas. The guide includes 4 process skills aligned to the Missouri Show-Me standards and 10 content modules aligned to the Missouri Show-Me Standards, FACS National Standards, and the National Health Education Standards. Content units cover topics such as Promoting Individual Wellness, Enhancing Human Growth and Development, Promoting Nutritional Health, Maintaining a Safe Environment, and Accessing Health-Related Information. Columbia, MO, Instructional Materials Laboratory, 1999.

FCS 20.0106 T114

Hands-On Health

Debra L Tackmann, BS, MEPD

BOOK ---- Presents a variety of unique, motivating hands-on activities designed specifically to facilitate student thinking and involvement in the learning process. Hands-on Activities take students out of their books, their seats, sometimes out of the classroom. New York, NY, Glencoe McGraw-Hill, 2004.

FCS DVD ROM 29

Dying to Be Thin

Larkin McPhee

DVD ROM ---- This program introduces you to students, ballet dancers, fashion models and other young women who are seeking recovery or have conquered their disease. Plus, you'll discover how leading eating disorder specialists are making dramatic advances in the diagnosis and treatment of anorexia nervosa and bulimia nervosa. 60 minutes. South Burlington, VT, WGBH Boston Video, 2000.

FCS VIDEO 1

Dying to Be Thin

Larkin McPhee

VIDEO ---- This video introduces you to students, ballet dancers, fashion models and other young women who are seeking recovery or have conquered their disease. Plus, you'll discover how leading eating disorder specialists are making dramatic advances in the diagnosis and treatment of anorexia nervosa and bulimia nervosa. 60 minutes. South Burlington, VT, WGBH Boston Video, 2000.

FCS VIDEO 51

Childhood Obesity: Reversing the Trend

Films for the Humanities & Sciences

VIDEO ---- This program presents two hospital-based programs that are helping children lose weight and keep the pounds off by setting realistic goals based on good health, not appearance. Patients talk about what it is like, from a child's point of view, to be overweight and how they have succeeded in adhering to a program of portion control and exercise to create a healthier lifestyle. 29 minutes. Princeton, NJ, Discovery Communications, Inc., 2003.

FCS VIDEO 162

Brave New Foods: The Biotech Revolution

Learning Seed

VIDEO ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 210

Heads Up at the Wheel

National Sleep Foundation

VIDEO ---- This video provides a comprehensive overview of the nature and dangers of drowsy driving. It explains the signs of fatigue, misconceptions about "staying alert" while driving, and some effective strategies to prevent fall-asleep crashes. 11 minutes. Washington, DC, National Sleep Foundation.

FCS VIDEO 228

Preventing Sexually Transmitted Infections

HRM Video

VIDEO ---- Facts about STI's with emphasis on prevention. The variety and prevalence of these infections in the population, symptoms, treatment and long-term effects. Contains video, CD-Rom and Teacher's Resource Book. 25 minutes. Mt. Kisco, NY, HRM Video, 1998.

Fashion Design and Technology

FCS 20.0103 C459

Clothing for Special Needs: An Annotated Bibliography

Usha Chowdhary

BOOK ---- A collection of resources in forty-two categories for two groupings - the handicapped and the able-bodies who need specialized clothing. Listing includes information from many publications, journals, papers articles, catalogs and others. Resource for care givers and others to understand the problems associated with a particular need to offer physical protection, social approval and psychological satisfactions. Columbia, MO, University of Missouri, 1999.

FCS 20.0103 W526

Successful Sewing, Fourth

Mary G. Westfall

BOOK ---- Identify sewing skills that are familiar and those that are new. Topics include: project selection, sewing with sergers, and surface designs. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 1998.

FCS DVD ROM 30

Why Shirts Have Buttons: The Origins of Clothing

Learning Seed

DVD ROM ---- A video history of clothing that starts with what we wear right now and traces it back to its often fascinating and entertaining beginnings. Discover: Why shoelaces were once a political statement, how military technology influenced men's fashions, how the wristwatch changed from female jewelry to a male status symbol, why today's clothing has so many useless buttons, how button down collars were invented to help a sport, why brides wear elaborate gowns, and how the Audubon society was founded to resist a fashion craze. 23 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS DVD ROM 30.1

Fashion Frenzy: 100 Years of Clothing History

Learning ZoneXpress

DVD ROM ---- As a teen prepares to leave for college, she thinks about the clothing she wants to bring and what sort of a statement it will make. She joins fashion expert Mary Botkin in examining fashion trends throughout history. Many examples of fashion styles are shown and factors that determine fashion trends are discussed. Grades 6-12. 20 minutes. Owatonna, MN, Learning ZoneXpress, 2002.

FCS DVD ROM 30.2

Fashion Show Through History

Learning Zone Express

DVD ROM ---- Teens model fashions through the centuries as a narrator details the distinctions of each style. Viewers see what people wore in the Middle Ages, Renaissance, 1600s, 1700s, 1800s and all the decades in the 1900s. Teaching materials included. Appropriate for grades 6-12. 35 minutes. Owatonna, MN, Learning Zone Express, 2005.

FCS DVD ROM 31

How Clothing is Made

Learning Seed

DVD ROM ---- This video takes the viewer behind the scenes of the garment industry. The video crew visits Henry-Lee Apparel in Chicago, a family business that makes over five hundred styles a year for six brand lines. The program follows each step of garment production from raw fabric to its delivery to the retail outlet. 18 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS DVD ROM 32

How Clothing is Sold: Merchandising Fashion

Learning Seed

DVD ROM ---- The program recognizes that the best way to sell clothing is to move beyond fashion into branding and licensing. The program explores modern merchandising strategies. Learn that even the simple act of buying a t-shirt is part of a complex chain of decisions. Discover how branding might spell the end of fashion. Learn why the designer Armani observed, it is no longer fashion that matters, but rather the fashion NAME. The product is secondary. Viewers observe the difference between the garment industry and the fashion business and also learn how the Internet could introduce the era of mass customization. 20 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 170

How Clothing is Sold: Merchandising Fashion

Learning Seed

VIDEO ---- The video recognizes that the best way to sell clothing is to move beyond fashion into branding and licensing. The video explores modern merchandising strategies. Learn that even the simple act of buying a t-shirt is part of a complex chain of decisions. Discover how branding might spell the end of fashion. Learn why the designer Armani observed, it is no longer fashion that matters, but rather the fashion NAME. The product is secondary. Viewers observe the difference between the garment industry and the fashion business and also learn how the Internet could introduce the era of mass customization. 20 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 171

How Clothing is Made

Learning Seed

VIDEO ---- This video takes the viewer behind the scenes of the garment industry. The video crew visits Henry-Lee Apparel in Chicago, a family business that makes over five hundred styles a year for six brand lines. The program follows each step of garment production from raw fabric to its delivery to the retail outlet. 18 minutes. Lake Zurich, IL, Learning Seed, 2004.

FCS VIDEO 172

Why Shirts Have Buttons: The Origins of Clothing

Learning Seed

VIDEO ---- A video history of clothing that starts with what we wear right now and traces it back to its often fascinating and entertaining beginnings. Discover: Why shoelaces were once a political statement, how military technology influenced men's fashions, how the wristwatch changed from female jewelry to a male status symbol, why today's clothing has so many useless buttons, how button down collars were invented to help a sport, why brides wear elaborate gowns, and how the Audubon society was founded to resist a fashion craze. 23 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 173

Fashion Show Through History

Learning Zone Express

VIDEO ---- Teens model fashions through the centuries as a narrator details the distinctions of each style. Viewers see what people wore in the Middle Ages, Renaissance, 1600s, 1700s, 1800s and all the decades in the 1900s. Teaching materials included. Appropriate for grades 6-12. 35 minutes. Owatonna, MN, Learning Zone Express, 2005.

FCS VIDEO 194

Brand Marketing

Learning Seed

VIDEO ---- Explains how brand names play an important role in marketing and consumer consumption. How even human beings establish themselves as a brand name. What brand names have to do with security and risk reduction. 19 minutes. Lake Zurich, IL, Learning Seed, 2000.

FCS VIDEO 200

The Way We Dress: The Meaning of Fashion

Learning Seed

VIDEO ---- An interest in fashion is one of the few traits all cultures share. How our attitude toward "dressing up" has changed. What does this change mean? How fashion changed from a system of signals about money and social standing into a way to express dreams and individuality. 24 minutes. Lake Zurich, IL, Learning Seed, 1996.

Food Science and Technology

FCS 20.0108 AR48

Food Science: Family and Consumer Sciences

Nikkie Eldridge

BOOK ---- In this course, edible food products are prepared for analysis and evaluation in laboratory experiments. AR, Department of Education, Division of Vocational and Technical Education, 1996.

FCS 20.0108 B431

Food Safety at Home: A Food Safety Curriculum for Food Handlers for Older Adults

Janet C. Benavente

BOOK ---- Includes five lessons: (1)foodborne illness; (2)food safety at the grocery store; (3)safe food storage; (4)preparing safe food; (5)foodborne illness, the culprits. Mangilao, Guam, USDA.

FCS 20.0108 M473C

Food Science - The Biochemistry of Food and Nutrition (3rd Edition)

Kay Mehas

BOOK ---- Table of contents: what is food science; the scientific evaluation of food; basic science for food scientists; energy; acids and bases; water; carbohydrates; lipids; protein; vitamins and minerals; metabolism; enzymes; solutions, colloidal dispersions, and emulsions; leavening agents and baked goods; fermentation and food; dairy products and processing; food safety; dehydration; canning; new techniques of food preservation; additives; developing experiments in food science; careers. NY, Glencoe/McGraw Hill, 1997.

FCS 20.0108 M473E

Food Science - The Biochemistry of Food and Nutrition Teacher's Resource Guide; 3rd Edition

Kay Mehas

BOOK ---- Teacher's resource guide to accompany the Text. Table of contents: what is food science; the scientific evaluation of food; basic science for food scientists; energy; acids and bases; water; carbohydrates; lipids; protein; vitamins and minerals; metabolism; enzymes; solutions, colloidal dispersions, and emulsions; leavening agents and baked goods; fermentation and food; dairy products and processing; food safety; dehydration; canning; new techniques of food preservation; additives; developing experiments in food science; careers. NY, Glencoe/McGraw Hill, 1997.

FCS 20.0108 OK4B

Food Science and Personal Nutrition CIMC

Oklahoma Department of Vocational and Technical Education

BOOK ---- Student Workbook. Table of Contents: Valuing food in your world, examining food, nutrients, and the body, handling and storing food, using recipes, applying food science principles, profiling food products, making healthy food choices, developing consumer skills, planning home-prepared meals, serving and dining etiquette, exploring careers. Stillwater OK, Oklahoma Department of Vocational and Technical Education, 1996.

FCS 20.0108 R54

Food Science

Lori Rolfe, Lola Stinger, Doug Holt, Victoria Shahan

BOOK ---- Orientation to food science and food service industries related to Family and Consumer Sciences. Lab experiments and practical problem-based activities focus on food safety and sanitation, the biochemistry of foods, and food manufacturing processes. This guide follows the food science competency list. Columbia, MO, Instructional Materials Laboratory, 1998.

FCS DVD ROM 4

Brave New Foods: The Biotech Revolution

Learning Seed

DVD ROM ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS DVD ROM 4.1

Food Additives

Learning Seed

DVD ROM ---- From the history behind preserving foods to new concepts in enriching foods, this program presents examples of the many additives that are used to flavor, color and preserve so much of what we eat. Food Additives takes a simple, factual look at the everyday trade-offs we make when we choose our food. Audience: General. 24 minutes. Lake Zurich, IL, Learning Seed, 2008.

FCS DVD ROM 5

Spoiled Rotten: Food Safety Investigation

Learning ZoneXpress

DVD ROM ---- Students become germ detectives as they uncover the mystery of how to keep food safe in the kitchen. Keys to food safety are covered. Grades 5-9. 15 minutes. Owatonna, MN, Learning ZoneXpress, 2005.

FCS DVD ROM 7

Food Science: Kitchen Mysteries Revealed

Learning Seed

DVD ROM ---- How science works with food. Scientific information about everyday foods. The cause and effect of some food's chemical reactions. Shows relationship between physics, chemistry, and the kitchen. 20 minutes. Lake Zurich, IL, Learning Seed, 2000.

FCS DVD ROM 11

New Fears for Food: Old Foes, A New Threat

Cambridge Educational

DVD ROM ---- This program compares and contrasts campylobacter, salmonella, E. coli, Listeria monocytogenes, calicivirus, and Hepatitis A which have become renewed health threats. The program also examines some of the many opportunities for food contamination that can occur on the trip from the farmyard to the kitchen table; identifies people most vulnerable to severe cases of food-borne diseases; describes symptoms and treatments; and explains how to avoid catching these nasty illnesses to begin with. 20 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS DVD ROM 12

New Fears for Food: Emerging Diseases

Cambridge Educational

DVD ROM ---- This program investigates an emerging group of food-borne diseases including; chronic wasting disease, Norwalk virus, and bovine tuberculosis as well as bovine spongiform encephalopathy and the possibility of an outbreak in the US. Precautions that the USDA is taking to reduce the likelihood of occurrence and stem the spread of degenerative neurological diseases among animals and people is examined. 18 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS DVD ROM 13

New Fears for Food: Irradiation-- Promise or Threat?

Cambridge Educational

DVD ROM ---- This program offers a balanced view of food irradiation as a method of food purification and explains how X-rays, electron beams, and gamma radiation are used to sterilize food; identifies watchdog groups--the World Health Organization, the Centers for Disease Control and Prevention, the American Medical Association, and others--that keep an eye on the effectiveness and safety of irradiation technology; and presents the concerns of food irradiation opponents. 19 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS DVD ROM 14

Food Safety

Learning Seed

DVD ROM ---- Experts estimate food borne illness accounts for over 300,000 hospital admissions yearly. Most cases are mild, yet experts estimate over 5,000 die each year from food poisoning. Learn: How to hand food safely and prevent illness; How to keep dangerous bacteria from growing into a health hazard; How to take simple (but not always obvious) safeguards when preparing and storing food; How to protect against possible cross-contamination; That the common belief about how to tell when meat is cooked through might not work; What temperatures should food be cooked to in order to protect against food poisoning; Emphasize the why of food handling instead of a series of rules. 25 minutes. Lake Zurich, IL, Learning Seed, 2007.

FCS DVD ROM 14.1

Eater Beware! From Chemical Stews To Organic Gardens

Learning Seed

DVD ROM ---- Food and risk. We are increasingly concerned about the safety of our food supply. Thousands seek organic foods they see are "safer" and free of potentially dangerous chemicals. What dangers lurk in our food supply? Is there a risk to fruits and vegetables doused in pesticides? In 2002, a new label appeared in grocery stores - USDA Organic. What does the new label mean? This timely and important video gives a foundation to help guide food choices and understand the revitalized interest in organic foods. Yes, it's about nutrition, but it's also about science and how to assess the risks of daily life. It deals with a crucial topic that should be taught in any foods/nutrition course. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS DVD ROM 16

Food Safety: From Market to Plate

Meridian Education Corporation

DVD ROM ---- What's the best way to avoid salmonella, E. coli, and other dangerous food-borne bugs? Information! Use this fact-filled video to show your students how to buy, store, and prepare delicious food with their health, and the health of anyone who eats with them firmly in mind. At the supermarket, in the kitchen, and at the dinner table, knowledge is the key to safety. 17 minutes. Princeton, NJ, Meridian Education Corporation, 2000.

FCS VIDEO 52

New Fears for Food: Old Foes, A New Threat

Cambridge Educational

VIDEO ---- This program compares and contrasts campylobacter, salmonella, E. coli, Listeria monocytogenes, calicivirus, and Hepatitis A which have become renewed health threats. The program also examines some of the many opportunities for food contamination that can occur on the trip from the farmyard to the kitchen table; identifies people most vulnerable to severe cases of food-borne diseases; describes symptoms and treatments; and explains how to avoid catching these nasty illnesses to begin with. 20 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS VIDEO 53

New Fears for Food: Emerging Diseases

Cambridge Educational

VIDEO ---- This program investigates an emerging group of food-borne diseases including; chronic wasting disease, Norwalk virus, and bovine tuberculosis as well as bovine spongiform encephalopathy and the possibility of an outbreak in the US. Precautions that the USDA is taking to reduce the likelihood of occurrence and stem the spread of degenerative neurological diseases among animals and people is examined. 18 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS VIDEO 54

New Fears for Food: Irradiation-- Promise or Threat?

Cambridge Educational

VIDEO ---- This program offers a balanced view of food irradiation as a method of food purification and explains how X-rays, electron beams, and gamma radiation are used to sterilize food; identifies watchdog groups--the World Health Organization, the Centers for Disease Control and Prevention, the American Medical Association, and others--that keep an eye on the effectiveness and safety of irradiation technology; and presents the concerns of food irradiation opponents. 19 minutes. Lawrenceville, NJ, Cambridge Educational, 2004.

FCS VIDEO 158

Eater Beware! From Chemical Stews To Organic Gardens

Learning Seed

VIDEO ---- Food and risk. We are increasingly concerned about the safety of our food supply. Thousands seek organic foods they see are "safer" and free of potentially dangerous chemicals. What dangers lurk in our food supply? Is there a risk to fruits and vegetables doused in pesticides? In 2002, a new label appeared in grocery stores - USDA Organic. What does the new label mean? This timely and important video gives a foundation to help guide food choices and understand the revitalized interest in organic foods. Yes, it's about nutrition, but it's also about science and how to assess the risks of daily life. It deals with a crucial topic that should be taught in any foods/nutrition course. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 162

Brave New Foods: The Biotech Revolution

Learning Seed

VIDEO ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 183

HACCP: A Basic Understanding

CEV Multimedia

VIDEO ---- Explore applications for Hazard Analysis Critical Control Points (HACCP), a system of process controls required by federal and state governments for most areas of the food service industry. Learn to minimize the risk of chemical, microbiological and physical food contamination while focusing on the seven principles of HACCP and the chain of responsibility. Important food-handling practices are illustrated, including storing, cooking, keeping food out of the temperature danger zone, preventing cross-contamination and practicing good personal hygiene. 32 minutes. Lubbock, TX, CEV Multimedia, 1997.

FCS VIDEO 184

Food Science: Kitchen Mysteries Revealed

Learning Seed

VIDEO ---- How science works with food. Scientific information about everyday foods. The cause and effect of some food's chemical reactions. Shows relationship between physics, chemistry, and the kitchen. 20 minutes. Lake Zurich, IL, Learning Seed, 2000.

Fundraising

FCS 13.1309 J51

Beyond the Bake Sale: The Ultimate School Fund-raising Book

Jean C. Joachim

BOOK ---- Education budgets are being cut throughout the country causing parents to initiate fund-raisers to keep classrooms stocked with computers, libraries filled with books, and teams supplied with uniforms and equipment. This book is a comprehensive guide to methods that will raise the maximum amount of money for any elementary or secondary school. New York, NY, St. Martin's Griffin, 2003.

Hospitality and Tourism

FCS 10.0000 HT12

Custodial Services Series - Teacher's Supplement

Western Maryland Vocational Resource Center

BOOK ---- Multi-sectional teacher's supplement for custodial services. MD, Western Maryland Vocational Resource Center.

FCS 10.0000 R29

Hospitality Services: Food & Lodging

Johnny Sue Reynolds

BOOK ---- This text is an introduction to four career areas in hospitality: food and beverage; lodging; recreation; and travel and tourism. Part One provides an overview of the entire industry. Part Two presents the food and beverage industry. Part Three presents all aspects of the lodging industry. Part Four looks at the basics of business structures and management principles. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 2004.

Housing/Interior Design and Decor

FCS 20.0110 A532

50 Web-based Lesson Plans for Fashion, Design, & Housing

Colleen Angel

BOOK ---- Many Internet sites with design, housing and fashion themes. Includes creative exercises, a summary, and Web site addresses. Grade 6 and up. 100 pages. Owatonna, MN, Learning ZoneXpress, 2006.

FCS 20.0110 K351

Life Skills Literacy: Things to Know About Housing

Richard S. Kimball

BOOK ---- This teacher's resource covers the following topics: special housing, shared housing, looking for housing, using ads, renting an apartment, start-up costs, continuing costs, furnishing a home, rent-to-own furnishings, roommates, safe housing, and housing maintenance. Grade 9 and up. 80 pages. Portland, ME, J. Weston Walsh Publisher, 2000.

FCS 20.0110 L216

Interior Design Lesson Plans

Learning ZoneExpress

BOOK ---- Explore the many facets of interior design and the design process. Identify the "human" needs in housing. Evaluate American history's effects on housing design. Compare and contrast housing styles. Use a decision-making process to make choices relative to housing needs. Gain an understanding of how to compare and appraise the value of a home. Identify the principles and elements of interior design. Understand the basics of floor plans and furnishings. Discover interior design careers and complete a design project for a client. Also includes enrichment lesson plans for discussions about homelessness. Grades 8-12. 118 pages. Owatonna, MN, Learning ZoneExpress, 2003.

FCS 20.0110 L2165

50 Internet Lesson Ideas for Design, Housing & Fashion

Learning ZoneExpress

BOOK ---- Lots of Internet sites with design, housing, and fashion themes. Includes creative exercises, a summary, and Web site addresses. Middle school and up. 100 pages. Owatonna, MN, Learning ZoneExpress, 2003.

FCS 20.0110 S755

50 Lessons Over Easy for Housing, Design, and Furnishings Classes

Sunny Side Up!

BOOK ---- Manual contains 50 lesson plans and activities that will help your classroom come alive while enhancing topics covered. Each lesson is divided into an easy-to-use format: an introduction game or activity, body of a lesson (a transparency/handout master and a game/activity), and an evaluation tool (a worksheet or a game). Lessons cover topics such as: elements and principles of design, color, floor plans, furnishings, housing styles, etc. Middle school and up. 254 pages. Fort Atkinson, WI, Nasco, 2004.

FCS 20.0110 S7559

Housing Resource Book: Games & Activities

Sunny Side Up!

BOOK ---- Games and activities bring fun into the classroom! This innovative and unique curriculum resource is guaranteed to raise the attention and interest of today's highly-visual student learners! Designed to spark interest and motivate students by making topics come alive. Easily adapted to any classroom setting, this manual contains 50 various games and activities that can be used as introductions, closures to lessons, or as an entire lesson by themselves. Grades 6-12. 76 pages. Fort Atkinson, WI, Nasco, 2002.

FCS CD ROM 12

Housing Styles and Trends PowerPoint® Presentation

Learning ZoneExpress

CD ROM ---- An in-depth look at housing styles past and present. This presentation takes students on a journey from early English settlements with their Cape Cod and Salt Box Style homes to our modern day housing trends. Students learn how current economic and social trends influence each living space in the home. Great follow-up materials as well as related websites are included. Also features: clear, concise slides with attractive text and graphics; copy-ready hand-outs; great interactive format; and option to customize your presentation (requires Microsoft® PowerPoint® software, while otherwise unnecessary). Presentation materials included are: a leader's guide and 24 or more content slides on CD-ROM. Reproducible. SYSTEM REQUIREMENTS: Windows 98... Owatonna, MN, Learning ZoneExpress, 2003.

FCS CD ROM 13

Styles of American Furniture PowerPoint® Presentation

Learning Seed

CD ROM ---- This presentation of over 50 beautiful examples of American furniture in full color is like having your own museum. Teach vocabulary, origins of styles and history, influence on modern furniture, cultural literacy, design history, and art history. Each digital slide is carefully annotated and explained in detail. SYSTEM REQUIREMENTS: Windows 98 or better, Office 2000 or better; Macintosh - MacOS9 or better with Office X, Quicktime, Flashplayer. Grades 7-12. Lake Zurich, IL, Learning Seed, 2004.

FCS CD ROM 16

The Basics of Interior Design PowerPoint® Presentation

Learning ZoneExpress

CD ROM ---- Step-by-step presentation of how to create a beautiful, comfortable home that reflects your personality and fits your budget. Covers many design styles and sources of inspiration. Topics include: choosing a concept, choosing a style, arranging the room, color, fabrics, lighting, and accessorizing. PowerPoint® presentation features: clear, concise slides with attractive text and graphics; copy-ready hand-outs; great interactive format; and option to customize your presentation (requires Microsoft® PowerPoint® software, while otherwise unnecessary). Presentation materials included are: a leader's guide and 24 or more content slides on CD-ROM. Reproducible. SYSTEM REQUIREMENTS: Windows 98 or later, 128 MB RAM. Grades 9-12. Owatonna, MN, Learning ZoneExpress, 2003.

FCS DVD ROM 60

Design I: The Elements

Learning ZoneExpress

DVD ROM ---- Explore the elements of design - color, line, shape, form, pattern and texture. This program features usual design disciplines: interior, clothing, landscape and architecture, as well as more unusual considerations like the family dog, kids and professional models. Grade 6 to Adult. 19 minutes. Owatonna, MN, Learning ZoneExpress, 2001.

FCS DVD ROM 61

Interior Design: The Basics

Learning ZoneExpress

DVD ROM ---- Before decorating a room, it is important to know who will be using the room and what the room's function will be. This program will help students better understand what it takes to do interior design. Grades 7-12. 15 minutes. Owatonna, MN, Learning ZoneExpress, 2001.

FCS DVD ROM 62

How to Buy Quality Furniture

Meridian Education Corporation

DVD ROM ---- Purchasing bargain furniture now may not be such a bargain in the long run. Knowing what to look for in well-made furniture, regardless of your budget, will help you get the most for your money. Furniture makers and furniture retailers share their expertise. We visit a furniture factory and see all types of furniture; wooden, upholstered, chrome, steel, wicker; compare styles and construction; and figure out what fits our lifestyle choices. 13 minutes. Lawrenceville, NJ, Meridian Education Corporation, 2000.

FCS DVD ROM 63

What is a House?

Learning Seed

DVD ROM ---- This program explores the forces that shape our houses and gives viewers new insights into their homes and neighborhoods. The video concludes that a house is nothing less than a dream expressed in bricks and boards. 22 minutes. Lake Zurich, IL, Learning Seed, 1998.

FCS DVD ROM 64

The Secret Life of Rooms

Learning Seed

VIDEO ---- This program explores the true fundamentals of interior design. Color, proportion and furniture styles are the heart of interior design, but its soul lies in the relationship of people to things and spaces. This connection is called "the secret life of rooms" in this program. 22 minutes. Lake Zurich, IL, Learning Seed, 2001.

FCS DVD ROM 65

Why We Live Where We Live: Understanding Housing Choices

Learning ZoneXpress

DVD ROM ---- Take a tour with three teens as they email friends across the country they met at summer camp to find out about where they live. Explore with them what it's like to live in a small town, the city, the suburbs, the country, by the beach, and more! Viewers will see that there are many reasons why people live where they live--family, economy, climate, age, work, personal style, and size and type of community. They will begin to understand how society and culture influence our choices and decisions about where we call home. Grade 6 to Adult. 14 minutes. Owatonna, MN, Learning ZoneXpress, 2005.

FCS DVD ROM 66

Design II: The Principles

Learning ZoneXpress

DVD ROM ---- Takes students on a whirlwind tour of the natural world, for a thorough grounding in the principles of design. Explore balance, proportion and scale, harmony, rhythm and emphasis. Grad 8 and up. 23 minutes. Owatonna, MN, Learning ZoneXpress, 2001.

FCS DVD ROM 67

Housing Styles: A Tour Through Time

Learning ZoneXpress

DVD ROM ---- A tour of homes is more than just architectural style, it's a tour of history! Students view examples of architecture for Modern, Victorian, Rambler, Cape Cod, Tudor, Colonial and other styles. Grades 6-12. 19 minutes. Owatonna, MN, Learning ZoneXpress, 2001.

FCS KIT 4

Residential Housing & Interiors

Clois E. Kicklighter and Joan C. Kicklighter

KIT ---- This kit provides practical information about planning, building, and decorating a home to enhance its use for living, working, relaxing, and entertaining. Principles of good design are applied to individual rooms, the structure as a whole, and the surrounding landscape. Includes text, student activity guide and instructor's resource portfolio. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 2005.

FCS KIT 5

Housing Decisions

Evelyn L. Lewis and Carolyn S. Turner

KIT ---- This kit addresses the psychological, physiological, and sociological needs of individuals in relation to housing as well as ways they can meet those needs by enhancing their surroundings. Many jobs available in the vast housing industry are discussed to expose students to the wide range of career opportunities available. Includes teacher's annotated edition, student activity guide, and teacher's resource portfolio. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 2004.

FCS KIT 10

Housing Decisions

Evelyn L. Lewis, Carolyn S. Turner

KIT ---- Housing Decisions gives your students the guidelines they will need to make wise housing choices. Illustrated with hundreds of colorful photos, the text provides information on acquiring, constructing, furnishing, and decorating a home. It also includes tips for creating pleasing interior and exterior environments. Features: Offers guidelines for obtaining a career in housing; Discusses the cultural, societal, environmental, economic, and technological influences on housing; Examines universal design features that meet special needs; Provides up-to-date information on the use of high tech tools throughout the industry. Includes Textbook, Teacher's Annotated Edition, Student Activity Guide, Teacher's Resource Guide, Teacher's Resource... Tinley Park, IL, Goodheart-Willcox, 2006.

FCS KIT 11

Residential Housing & Interiors

Clois E. Kicklighter, Joan C. Kicklighter

KIT ---- Residential Housing & Interiors is redesigned from cover to cover with updated information and photos, and three new text chapters to help students learn about planning, building, decorating, and landscaping a home, and working in the housing industry. An expanded teaching guide includes student handouts and transparencies to enliven your lessons. Features: Covers the practical aspects of choosing suitable housing; Discusses the principles and applications of good design; Acquaints students with housing careers and ways to advance on the job; Presents professional considerations for serving clients. Includes Textbook, Student Activity Guide, Instructor's Resource Portfolio, Instructor's Resource CD and Instructor's PowerPoint Presentations. Tinley Park, IL, Goodheart-Willcox, 2005.

FCS KIT 12

Homes: Today and Tomorrow

Ruth F. Sherwood

KIT ---- Kit includes student textbook, workbook, transparency package and CD ROM that examine the theory and history of house design, construction, and furnishing, as well as factors to be considered when buying a house. New York, NY, Glencoe, 2002.

FCS VIDEO 140

Design I: The Elements

Learning ZoneXpress

VIDEO ---- Explore the elements of design - color, line, shape, form, pattern and texture. This program features usual design disciplines: interior, clothing, landscape and architecture, as well as more unusual considerations like the family dog, kids and professional models. Grade 6 to Adult. 19 minutes. Owatonna, MN, Learning ZoneXpress, 2001.

FCS VIDEO 141

Design II: The Principles

Learning ZoneXpress

VIDEO ---- Takes students on a whirlwind tour of the natural world, for a thorough grounding in the principles of design. Explore balance, proportion and scale, harmony, rhythm and emphasis. Grad 8 and up. 23 minutes. Owatonna, MN, Learning ZoneXpress, 2001.

FCS VIDEO 142

Introduction to Interior Design

CEV Multimedia

VIDEO ---- The word environment usually sparks images of rain forests and endangered species, but our interior environment is a complex place requiring careful attention, planning, design and supervision. The realm of interior design is quickly becoming an art and science. This video guides students through the history of interior design from the world of kings and queens to our fast-paced society of corporate buildings, 200-person design firms and title and practice acts regulating designers daily. The phases and basics of interior design are examined and discussed by professionals in the field, as well as the importance of the client relationship. A supplement is included. 25 minutes. Lubbock, TX, CEV Multimedia.

FCS VIDEO 143

What is a House?

Learning Seed

VIDEO ---- This program explores the forces that shape our houses and gives viewers new insights into their homes and neighborhoods. The video concludes that a house is nothing less than a dream expressed in bricks and boards. 22 minutes. Lake Zurich, IL, Learning Seed, 1998.

FCS VIDEO 144

Housing Styles: A Tour Through Time

Learning ZoneXpress

VIDEO ---- A tour of homes is more than just architectural style, it's a tour of history! Students view examples of architecture for Modern, Victorian, Rambler, Cape Cod, Tudor, Colonial and other styles. Grades 6-12. 19 minutes. Owatonna, MN, Learning ZoneXpress, 2001.

FCS VIDEO 145

Why We Live Where We Live:

Understanding Housing Choices

Learning ZoneXpress

VIDEO ---- Take a tour with three teens as they email friends across the country they met at summer camp to find out about where they live. Explore with them what it's like to live in a small town, the city, the suburbs, the country, by the beach, and more! Viewers will see that there are many reasons why people live where they live--family, economy, climate, age, work, personal style, and size and type of community. They will begin to understand how society and culture influence our choices and decisions about where we call home. Grade 6 to Adult. 14 minutes. Owatonna, MN, Learning ZoneXpress, 2005.

FCS VIDEO 146

How to Buy Quality Furniture

Meridian Education Corporation

VIDEO ---- Purchasing bargain furniture now may not be such a bargain in the long run. Knowing what to look for in well-made furniture, regardless of your budget, will help you get the most for your money. Furniture makers and furniture retailers share their expertise. We visit a furniture factory and see all types of furniture; wooden, upholstered, chrome, steel, wicker; compare styles and construction; and figure out what fits our lifestyle choices. 13 minutes. Lawrenceville, NJ, Meridian Education Corporation, 2000.

FCS VIDEO 195

The Secret Life of Rooms

Learning Seed

VIDEO ---- This video explores the true fundamentals of interior design. Color, proportion and furniture styles are the heart of interior design, but its soul lies in the relationship of people to things and spaces. This connection is called "the secret life of rooms" in this program. 22 minutes. Lake Zurich, IL, Learning Seed, 2001.

FCS VIDEO 196

You Can Do It! Decorating

JCP Productions, Inc.

VIDEO ---- This program provides "hands-on" instruction showing how to decorate a home for less using affordable products. Learn how to: Arrange furniture in small places; Hang pictures over a couch and table; Balance accessories and furniture; Hide electrical chords and outlets; Make a pot rack; Arrange kitchen and bathroom countertops; Organize drawers; Create a family wall; Select tools for your own tool box; Give mirrors an expensive look; And much more. Nashville, TN, JCP Productions, Inc., 1995.

FCS VIDEO 197

Your Space: The BASICS of Furnishing & Decorating

Learning ZoneXpress

VIDEO ---- A professional interior designer explains how to make the most of a small space. Learn how to turn a drab dorm room into a study oasis. Or turn a small, boring apartment into a cozy retreat. Grade 6 to Adult. 20 minutes. Owatonna, MN, Learning ZoneXpress, 2002.

Human Services

FCS VIDEO 231

Shelter Boy

Fox Broadcasting Company

VIDEO ---- Shelter Boy is a mini-documentary about a young boy whose family loses their home and ends up in an emergency shelter in California. The story shows what the boy must go through to attend school while living in a shelter. It also shows how he must deal with the stigma of being homeless and being called "Shelter Boy" by his classmates. 15 minutes. Fox Broadcasting Company, 1999.

Job Search

FCS DVD ROM 58

An Introduction to Getting the Job You Really Want

JIST Works

DVD ROM ---- In this video, Mike Farr, who has helped thousands of people get better jobs quickly, talks candidly about work and life, finding a job, and the job market. He emphasizes practical, motivating advice that you can use right away. You will learn common mistakes that job seekers make, and how to correctly begin the search for the job you really want. You will also gain insightful advice from interviews with actual employers, career counselors, and job seekers. 18:30 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS KIT 6

Getting the Job You Really Want

J. Michael Farr

KIT ---- This kit is a step-by-step guide through the process of getting a job, including how to: identify key skills; determine the ideal job; explore career alternatives; find unadvertised jobs; use the phone; prepare for the interview; create superior resumes; reduce job search time; and, succeed on the job. Includes workbook, instructor's guide and PowerPoint presentation. Indianapolis, IN, JIST Publishing, 2002.

FCS VIDEO 39

An Introduction to Getting the Job You Really Want

JIST Works

VIDEO ---- In this video, Mike Farr, who has helped thousands of people get better jobs quickly, talks candidly about work and life, finding a job, and the job market. He emphasizes practical, motivating advice that you can use right away. You will learn common mistakes that job seekers make, and how to correctly begin the search for the job you really want. You will also gain insightful advice from interviews with actual employers, career counselors, and job seekers. 18:30 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 40

Getting to Know What an Employer Wants

JIST Works

VIDEO ---- In this video, Mike Farr, explains his Rule of Job Seeking and how you should apply it to your job search strategy. Actual employers, career counselors, and other job seekers discuss the three main traits that employers look for in a potential employee. By understanding an employer's expectations, you can make a positive first impression and present your strengths in a way that convinces an employer you are the right person for the job. 21:30 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 41

Getting to Use Your Skills in Your Ideal Career

JIST Works

VIDEO ---- Knowing your skills--and having the ability to communicate them--can significantly affect your chances of getting a job. Mike Farr has developed a skills triad that allows you to recognize your skills and create a powerful language to articulate them. Learn from actual employers, career counselors, and other job seekers how to identify your skills and determine the skills that potential employers are seeking. 24 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 42

Getting a Job Using Traditional Methods

JIST Works

VIDEO ---- This video offers valuable advice on successfully using traditional methods, such as want ads, employment agencies, and temp jobs, in the job search. Learn the best way to fill out job applications and distribute a resume. Gain powerful advice from actual employers, career counselors, and other job seekers on how to take charge and become active about a job search. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 43

Getting a Job Using Nontraditional Methods

JIST Works

VIDEO ---- Nearly 3 out of 4 jobs are filled without ever being advertised. The key to getting a good job quickly is to find openings before they are advertised. Learn the four stages of a job opening and how to make warm and cold contacts. Actual employers, career counselors, and other job seekers discuss networking and additional methods for finding jobs such as volunteer work, professional associations, temp jobs, and entry-level positions. 24 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 44

Getting and Using Your Resume, Cover Letter, JIST Card, and Portfolio

JIST Works

VIDEO ---- Learn why a resume is important and how to use it effectively, understand the purpose of cover letters, and use a career portfolio to organize your job search materials and "wow" a potential employer. Finally, discover how to leave a lasting impression with a JIST Card and thank-you note. 32 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 45

Getting Job Leads from the Internet and Telephone

JIST Works

VIDEO ---- Actual employers, career counselors, and other job seekers offer tips that keep a job seeker from getting screened out and discuss how to get past rejections to move toward success. This video shows how to use the Internet to find jobs, post resumes, and locate valuable information about potential employers. 29 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 46

Getting a Positive Response in Each of the Seven Interview Phases

JIST Works

VIDEO ---- Discover how to be successful in a job interview by thinking like an employer. Learn how to properly prepare for interviews through practice and find out how to follow up, negotiate salary, and make your final decision. 32:30 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 47

Getting Good Answers to Tough Interview Questions

JIST Works

VIDEO ---- Learn how to analyze interviewers and recognize the question behind the question. In this video employers, career counselors, and other job seekers discuss common mistakes people make during interviews and how to respond to questions more effectively. Learn how to respond to awkward or illegal questions, and questions about salary. 29 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 48

Getting to Keep the Job You Find

JIST Works

VIDEO ---- Learn what questions to ask your employer and when to ask them in order to move ahead in your job, and understand how to prepare if things aren't working out. The more prepared you are, the better you will be at handling changes and moving forward. 30 minutes. Indianapolis, IN, JIST Publishing, 2005.

FCS VIDEO 128

Foolproof Ways To Find a Job: Sharpening Job Hunting Technique - Job Connection Video Series

Linx Educational Publishing Co.

VIDEO ---- Information about getting organized and learning how to manage your time when searching for a job. Identify your job skills. Learn ways to find a job. 20 minutes. Atlantic Beach, FL, Linx Educational Publishing Co, Inc., 1999.

Life Planning and Management

FCS 20.0101 CO719

Colorado Core Curriculum: Life Management-Part 1

Colorado State University

BOOK ---- Outline: MANAGING PERSONAL/FAMILY RESOURCES: time * values and goals * decision making * community resources * managing work and family ; MANAGING INDIVIDUAL AND FAMILY WELLNESS: eating for good health * purchasing to meet nutritional needs * maintaining family wellness. CO, Colorado State University, 1991.

FCS 20.0101 G54

Resource Management for Individuals and Families

Elizabeth B. Goldsmith

BOOK ---- This text applies the modern management theory and evaluation to the decision making and problem solving within the family unit. The text applies principles of planning, implementing and evaluating needs in household settings. The position that sees management as a process approach sets the text apart from earlier texts on family management. 352 pages. Belmont, CA, Thomson Wadsworth, 2005.

FCS 20.0101 K55

My Portfolio and Supplement

Patricia Knowles and Deborah Pohl

BOOK ---- My Portfolio career portfolio provides students a tool for compiling, documenting, and sharing their work and accomplishments in Family and Consumer Sciences programs/courses and throughout their high school education program. Each portfolio includes information sheets and a supplemental guide covering a wide variety of portfolio development topics and issues. Students use these resources to develop and evaluate their own job, college or business portfolio. Columbia, MO, Instructional Materials Laboratory, 2001.

FCS DVD ROM 48

Consumers Know Your Rights!

Meridian Education Corporation

DVD ROM ---- Program provides students with an understanding of their rights as consumers and what expectations they should have when purchasing goods and services. Many important areas are explored, from how to interpret food labels to disclosure of medical and financial information. Experts offer advice on how to deal with scams and fraud. A list of consumer advocate agencies and related Web sites is also provided for further reference. 17 minutes. Lawrenceville, NJ, Meridian Education Corporation, 2003.

FCS VIDEO 198

Share Your Life: Share Your Decision

Regional Organ Bank of Illinois

VIDEO ---- The Missouri Organ Donation Advisory Committee encourages middle school and high school students to "Share Your Life. Share Your Decision" in a new video featuring real-life teenagers with donation/transplantation experiences. The 16-minute video features stories about a 16-year-old kidney recipient, a donor family, a teenager waiting for a heart transplant and a family who lost their mother while she waited for a double-lung transplant. In addition, questions and comments from a group of high school students are included to address specific concerns about donation and transplantation. 16.33 minutes. Chicago, IL, Regional Organ Bank of Illinois, 1998.

Life Skills

FACS 13.1308 C425

Critical Thinking & Logic Skills for College Students

Elizabeth Chelsa

BOOK ---- Tips, techniques and activities to develop critical skill areas. Upper Saddle River, NJ, Learning Express, LLC, 1999.

FCS 13.1204 J11

Activities That Teach Family Values

Tom Jackson

BOOK ---- The activities in this book provide a way to share without lecturing and to build a strong relationship with children. The family activities are fun and teach important topics. Cedar City, UT, Active Learning Center, Inc, 1998.

FCS 13.1204 J551

Yes, You Can . . . Find More Meaning In Your Life

Jack Jonathan and Sheelagh G.

Manheim, PhD

BOOK ---- The authors explain the essentials of living a fulfilling life in what may seem an uncertain and sometimes scary world. The reader will learn why: Attitude influences everything and how to control your moods; The importance of cultivating all the senses to ensure physical well-being; Financial well-being affects much more than your bank account; Building up reserves in many areas of life will help in times of crisis; A thirst for knowledge permits one to grow even when slowing down physically. Kansas City, MO, Stowers Innovations, Inc., 2005.

FCS 13.1204 S758

Yes, You Can Reach Your Goals and Achieve Your Dreams

James E. Stowers and Jack Jonathan with Sheelagh Manheim PhD

BOOK ---- This book outlines the process of achievement and defines key elements that lie at the heart of all success stories. It also includes insightful tools to evaluate these qualities in yourself and set your sights on your most ambitious goals. Kansas City, MO, Stowers Innovations, Inc., 2008.

FCS 13.1308 K15

Connections: Dating and Emotions (Grades 8-12)

Charlene R. Kamper

BOOK ---- This 17-lesson unit helps younger teens understand the challenges that arise in early relationships - and establish a strong foundation for later life. A variety of appealing exercises teach teens how relationships develop, effective ways to communicate, awareness of destructive patterns, how to deal with emotions, and other essential skills. 88 page ready-to-teach curriculum includes student workbook, for grades 8-12. Reston, VA, Family, Career and Community Leaders of America, Inc., 2004.

FCS 13.1308 R248

A Chapter of the ASCD Curriculum Handbook: Family and Consumer Sciences

Sharon S. Redick

BOOK ---- Critical science perspective approach of asking questions and finding their answers. FCS teaches individuals and families to manage the challenges of living and working in a diverse, global society. The functioning of families and their interrelationships with work, community and society. Learn to identify, create, and evaluate goals and alternative solutions to significant problems of everyday life. Alexandria, VA, Association for Supervision and Curriculum Development, 1998.

FCS 20.0101 B75

Handling Relationships 60 Problem-Solving Activities REVISED

Steve Bunnell

BOOK ---- 60 reproducible activities to teach your students how to maintain healthy relationships - at school, in the home, on the job, and in the community. Revised and updated to more accurately reflect the issues today's teenagers face, these activities help students to develop the empathy, analysis, and problem-solving skills necessary for getting along with people in different situations. Portland, ME, J Weston Walch, 1998.

FCS 20.0101 K377

Personal Development Resource Guide

Joanna Kister, Sandra Laurenson, Heather Boggs

BOOK ---- Focuses on practical problems related to taking responsibility for self and others, building self-esteem, building relationships with family and peers, managing stress and conflict, planning for future careers, and making responsible choices regarding sexuality and parenting. Columbus, OH, Vocational Instructional Materials Laboratory, 1993.

FCS 20.0101 LS11

Living On Your Own

Stuart Schwartz

BOOK ---- Learn about the life skills you'll need in order to live on your own! (Elementary) Capstone Press, 1998.

FCS 20.0101 M11

Being Yourself Experiencing Success In Relationships Instructor's Manual

Dennis E Macha & Charlene R Kamper

BOOK ---- Ten one-hour lessons that can be taught in a regular classroom or in a small group setting. Exercises are presented for developing self awareness, improving communication skills, and encouraging honesty and integrity in relationships. All lessons are appropriate for mixed or same gender groups. Muskegon, MI, HPower and Associates, LLC, 1999.

FCS 20.0101 N1776

Leadership Lessons: Lessons to Lead By

National Association of Secondary School Principals

BOOK ---- This book is designed to help teachers teach leadership skills to students. The lessons are designed to let students practice various aspects of leadership by experiencing a situation, then discuss what happened, to extract the essential elements that they will be able to apply to new situations. 114 pages. Reston, VA, National Association of Secondary School Principals, 2003.

FCS 20.0101 W423

Goals for Living: Managing Your Resources, 2000 Edition

Nancy Wehlage, Mary Larson-Kennedy

BOOK ---- Managing personal and family life, relationships with others, child care and guidance, physical and mental health, finances, consumer concerns, meal planning and preparation, clothing, housing, and career choices are covered in this text. IL, Goodheart-Wilcox, 2000.

FCS 20.0105 C135

Conservation for Family & Consumer Sciences

Elaine Callaway

BOOK ---- Integrating conservation concepts and understanding into the curriculum. Teaching methods, activities and audio-visual aids are included. Lessons are cross walked to the Show-Me Standards. Jefferson City, MO, Missouri Dept. of Conservation, 1999.

FCS 20.0105 C766.1

Today's Life Skills: Unit 1-Personal Development Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.2

Today's Life Skills: Unit 2-Health & Wellness Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.3

Today's Life Skills: Unit 3-Citizenship Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.4

Today's Life Skills: Unit 4-Communication Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.5

Today's Life Skills: Unit 5-Consumer Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.6

Today's Life Skills: Unit 6-Employability Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.7

Today's Life Skills: Unit 7-Parenting & Child Care Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 C766.8

Today's Life Skills: Unit 8-Balancing Work & Family Skills

The Curriculum Center for Family & Consumer Sciences

BOOK ---- This resource is based on a research project to identify critical life skills needed by students. This self-contained module can be taught in any sequence and incorporated into a variety of courses. Module contains a teacher text, suggested teaching strategies, learning activities and answers. Materials are in loose-leaf form. Teaching aids in PowerPoint format are available on FCS CD ROM 30 which must be requested separately. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS 20.0105 CHAR1

Shaping Your Future: Teacher's Annotated Edition

Eddy Eubanks

BOOK ---- Offers students the opportunity to develop the essential skills necessary to meet the demands of life during the first five years after high school and beyond. Peoria, IL, Glencoe/McGraw-Hill, 2000.

FCS 20.0105 L619

Building Life Skills, Third Edition

Louise A. Liddell

BOOK ---- Learn about: exploring your own personality, managing time, energy, money and other resources; caring for and understanding children; nutrition and health, selection and preparation of food; clothing and wardrobe; home environment; leadership skills and career possibilities. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 1999.

FCS 20.0107 M767

Cornerstone-Building on Your Best: Foster Student Success, Second Edition

Rhonda J. Montgomery

BOOK ---- Motivation, goal-setting, self esteem, multiple intelligences, learning styles, personality types, management, studying, note-taking and more. Today, you are laying a cornerstone for the rest of your life. Questions about college. Upper Saddle River, NJ, Prentice-Hall, Inc., 2001.

FCS 20.0107 R977

Contemporary Living

Verdene Ryder

BOOK ---- This resource provides current information for a broad understanding of personal development in various roles over one's lifetime; as an individual, family member and part of society. The reader will explore issues of personal growth, health and the aging process, career choices, social and family relationships, coping skills, etc. IL, Goodheart-Willcox Company, 2000.

FCS CD ROM 8

Stress Management for Adolescents

Diane de Anda

CD ROM ---- This program is designed to help students of middle and high school age cope more effectively with multiple stressors. Program materials include a program guide, useful for whole - class or small - group instruction; a student manual; and, a CD ROM. Champaign, IL, Research Press, 2002.

FCS CD ROM 21

Inspire! Team Building & Group Development

LearningChange, LLC

CD ROM ---- Activities, Games, Events, and Adventures for helping youth learn team building and group development. Includes 20 activities for teaching effective group communication and team building skills. The activities on the CD-ROM address critical thinking, leadership, collaboration, individual self esteem, competition, group dynamics, and team confidence. Chico, CA, LearningChange, LLC, 2003.

FCS CD ROM 30

Today's Life Skills: Teachers Resource Materials

The Curriculum Center for Family & Consumer Sciences

CD ROM ---- Today's Life Skills POWER Teaching Aids in PowerPoint format on CD. Lubbock, TX, The Curriculum Center for Family & Consumer Sciences, 2007.

FCS DVD ROM 17

Respect Rules: On Living A Respectful Life

LINX Educational Publishing, Inc.

DVD ROM ---- This video offers simple ways to start living a respectful life - at home, at school, with friends and co-workers, on the playing field, or in the mall - even while maintaining our individuality. Hear real-life experiences from students and teachers. Get useful advice from a psychologist and an etiquette expert. This video showcases practical ways to live a respectful life today. Grades 6-12. 25 minutes. Jacksonville Beach, FL, LINX Educational Publishing, Inc., 2004.

FCS DVD ROM 57

Help! They Stole My Name: The Impact of Identity Theft

Learning Seed

DVD ROM ---- This program contains information needed to avoid the most common and not-so common identity traps. Learn: How identity theft happens. Who might be digging through your trash. What you can do if your identity is stolen. Find out: How you can give your wallet a make-over guaranteed to frustrate thieves. Which ATMs are most likely to be safe from skimmers. How to safely manage your e-mail and internet activity. 29 minutes. Lake Zurich, IL, Learning Seed, 2007.

FCS DVD ROM 59

Can I Make It On My Own?

C.W. Publications

DVD ROM ---- In this new docu-drama, students will see how Eric handles the financial and social obligations of leaving home and living on his own. He must find a place to live, handle his personal finances, make that first trip to the grocery store, learn to live with his roommate, pay his bills, try to control his credit card debt, and much more. 35-40 pages of reproducible, classroom activities included. 30 minutes. Sterling, IL, C.W. Publications, 2003.

FCS DVD ROM 68

Go Green Around Your Home: Reduce, Reuse, Recycle

Learning Zone Express

DVD ROM ---- Sustaining the world's resources for future generations can start with small changes in the home. Watch as a group of students - The Go Green Team - go into action after they learn statistics about waste. See how they come up with ways to reduce, reuse and recycle products to create a healthier lifestyle and environment. Viewers will discover: Tips to minimize waste; Small ways to save a lot of energy; Important items to recycle; Environmentally-safe products to use. Teaching materials included. Grades 6-12. 20 minutes. Owatonna, MN, Learning Zone Express, 2008.

FCS DVD ROM 105

Exploring Healthy Relationships

Human Relations Media, Inc

DVD ROM ---- This program introduces students to the four keys of a healthy relationship (mutual respect, open communication, trust and boundaries), students learn how they can use these elements successfully in their relationships with peers, parents, siblings and teachers. Includes Teacher's Resource Book. Grades 7 - College. 21:56 minutes. Mt Kisco, NY, Human Relationships Media, Inc, 2002.

FCS KIT 7

Building Life Skills

Louise A. Liddell and Yvonne S. Gentzler

KIT ---- This text helps develop skills used throughout life. Part One explores self-personality, feelings, and relationships with others. Part Two gives guidelines for managing time, energy, money, and other resources. Part Three improves ability to understand and care for children. Part Four deals with improving health and nutrition. Part Five explains selecting, preparing and serving a variety of foods. Part Six explores clothing. Part Seven explains home environment and caring for a home. Part Eight examines leadership skills and career possibilities. Kit includes text, workbook, Teacher's Resource Portfolio and Teacher's Resource CD. Tinley Park, IL, The Goodheart-Willcox Company, Inc., 2003.

FCS KIT 8

Lessons in LifeSmarts: A teaching tool for LifeSmarts, the ultimate consumer challenge, Vol. 1

National Consumers League

KIT ---- LifeSmarts is a fun program, run by the National Consumers League, that encourages high school students to learn about the consumer issues they face today and the new challenges that are right around the corner! Washington, DC, National Consumers League, 2000.

FCS KIT 13

Love U 2: Communication Smarts: PREP for Teens

Marlene Pearson

KIT ---- Teens today live and breathe in a culture that touts casual sex and casual connections. Love U2 is a series of units that help young people acquire practical skills for emotionally healthy and ethically sound relationships. It focuses on helping teens craft a roadmap toward what they hope to achieve, not just what they must avoid. "Communication Smarts: PREP for Teens" gives teens 7 lessons in communication and conflict management skills for use with peers and family. The material is adapted for teens from the highly acclaimed, research-based PREP programs. Berkeley, CA, The Dibble Fund for Marriage Education, 2004.

FCS KIT 14

Love U 2: Relationship Smarts

Marlene Pearson

KIT ---- Teens today live and breathe in a culture that touts casual sex and casual connections. Love U2 is a series of units that help young people acquire practical skills for emotionally healthy and ethically sound relationships. It focuses on helping teens craft a roadmap toward what they hope to achieve, not just what they must avoid. "Relationship Smarts" offers 13 lessons of practical guidance for building relationships that are not based on sex. It covers subjects such as infatuation, rejection, falling in love, emotions, gauging relationship health, a low-risk relationship strategy, and breaking up. Berkeley, CA, The Dibble Fund for Marriage Education, 2004.

FCS VIDEO 163

Supermarket Persuasion: What Marketers Know

Learning Seed

VIDEO ---- Take a video trip to a supermarket to observe what marketers know about consumer behavior. Viewers learn how supermarkets are programmed to encourage shoppers to buy the most profitable foods. Explore how every detail of a store, from the size of the shopping carts to the color balance of the lighting in the produce department is a marketing tactic. Viewers learn about continuity offers, bounce patterns, variable margin pricing, slotting allowances, shelf talkers, tie-ins, shelf hangers, and the rule of nines." 24 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 232

Respect Rules: On Living A Respectful Life

LINX Educational Publishing, Inc.

VIDEO ---- This video offers simple ways to start living a respectful life - at home, at school, with friends and co-workers, on the playing field, or in the mall - even while maintaining our individuality. Hear real-life experiences from students and teachers. Get useful advice from a psychologist and an etiquette expert. This video showcases practical ways to live a respectful life today. Grades 6-12. 25 minutes. Jacksonville Beach, FL, LINX Educational Publishing, Inc., 2004.

FCS VIDEO 258

When Relationships Break

Human Relations Media, Inc

VIDEO ---- Consists of personal interviews with teens who share their experiences with their relations. They discuss their often chaotic feelings after breaking up and some of their positive and negative choices of ways to cope. Students viewing the video will see that others have experienced the same feelings - and have survived! The video and accompanying print materials will help students ascertain when and how to let go of a relationship and how to deal with the painful aftermath. 29:32 minutes. Mt Kisco, NY, Human Relations Media, Inc, 1999.

FCS VIDEO 259

Exploring Healthy Relationships

Human Relations Media, Inc

VIDEO ---- This program introduces students to the four keys of a healthy relationship (mutual respect, open communication, trust and boundaries), students learn how they can use these elements successfully in their relationships with peers, parents, siblings and teachers. Includes Teacher's Resource Book. Grades 7 - College. 21:56 minutes. Mt Kisco, NY, Human Relations Media, Inc, 2002.

Marriage

FCS DVD ROM 18

The Marriage Partnership

Meridian Education Corporation

DVD ROM ---- Four couples illustrate basic tenets that nourish a healthy marriage relationship. Stressing long-range planning (far more important for their future life together than planning the wedding), short vignettes with voiceovers reveal how to choose the right partner, set roles and goals, make decisions together, problem solve, and stay connected. Emphasizing that lasting marriages are founded on communication and "we" not "me" thinking, the program issues a strong caution against marrying anyone who is physically or verbally abusive or who abuses substances. Grades 9 and up. 19 minutes. Bloomington, IL, Meridian Education Corporation, 2000.

FCS DVD ROM 18.1

Marriage; Just A Piece Of Paper?

University of Chicago and WTTW National Productions

DVD ROM ---- Americans love weddings, but marriage - that is a different story. What happens when marriage disappears? This provocative documentary - narrated by Cokie Roberts - goes beyond conservative and liberal battles over the state of the American family. It takes us into the lives of real people and the complexities of their loves, hopes, disappointments, and heartbreaks. The divorce rate is nearly 50%. A third of all births are to single mothers. The United States has the highest number of single parent families in the developed world. 50% of children who do not live with their father have never set foot in their father's home. Chicago, IL, WTTW National Productions, 2002.

FCS VIDEO 193

The Marriage Partnership

Meridian Education Corporation

VIDEO ---- Four couples illustrate basic tenets that nourish a healthy marriage relationship. Stressing long-range planning (far more important for their future life together than planning the wedding), short vignettes with voiceovers reveal how to choose the right partner, set roles and goals, make decisions together, problem solve, and stay connected. Emphasizing that lasting marriages are founded on communication and "we" not "me" thinking, the program issues a strong caution against marrying anyone who is physically or verbally abusive or who abuses substances. Grades 9 and up. 19 minutes. Bloomington, IL, Meridian Education Corporation, 2000.

FCS VIDEO 240

Marriage; Just A Piece Of Paper?

University of Chicago and WTTW National Productions

VIDEO ---- Americans love weddings, but marriage - that is a different story. What happens when marriage disappears? This provocative documentary - narrated by Cokie Roberts - goes beyond conservative and liberal battles over the state of the American family. It takes us into the lives of real people and the complexities of their loves, hopes, disappointments, and heartbreaks. The divorce rate is nearly 50%. A third of all births are to single mothers. The United States has the highest number of single parent families in the developed world. 50% of children who do not live with their father have never set foot in their father's home. Chicago, IL, WTTW National Productions, 2002.

Nutrition Science

FCS 20.0108 D958

Nutrition & Wellness

Roberta L. Duyff

BOOK ---- Students learn responsible eating and exercise habits, understand nutrition guidelines, gather and evaluate information. Food preparation handbook included. Peoria, IL, Glencoe/McGraw Hill, 2000.

FCS 20.0108 K644B

Nutrition and Wellness Resource Guide: Work and Family Life Program

Joanna Kister

BOOK ---- Teaching nutrition and wellness core course. Ohio, The Ohio State University, 1994.

FCS 20.0108 OK4B

Food Science and Personal Nutrition CIMC

Oklahoma Department of Vocational and Technical Education

BOOK ---- Student Workbook. Table of Contents: Valuing food in your world, examining food, nutrients, and the body, handling and storing food, using recipes, applying food science principles, profiling food products, making healthy food choices, developing consumer skills, planning home-prepared meals, serving and dining etiquette, exploring careers. Stillwater OK, Oklahoma Department of Vocational and Technical Education, 1996.

FCS 20.0108 U538

Food Power: Classroom Activities

University of Missouri

BOOK ---- Elementary students learn the importance of healthy food choices and regular physical activity. Students learn where food comes from and how it gives them the energy to grow and play. Columbia, MO, University of Missouri, 2003.

FCS 20.0108 W52

Nutrition and Fitness: Lifestyle Choices for Wellness

Dorothy F. West

BOOK ---- Lifestyle wellness includes many facts: a nutritious diet, physical activity; mental and social health. Cover sources and functions of nutrients; weight management; eating disorders; food safety; global hunger; stress management; substance abuse; consumer issues; trends and careers. Tinley Park, IL, The Goodheart-Wilcox Co, Inc, 2000.

FCS 20.0200 C993

Nutrition Activities for Preschoolers

Debby Cryer, Adele Ray

BOOK ---- Nutrition activities for young children. Activities that puts an emphasis on good health and nutrition throughout early childhood. Provides activities that are also related to science, math, art, and music. White Plains, NY, Dale Seymour Publishers, 1996.

FCS CD ROM 2

Weight Loss Planner

Ohio Distinctive Software

CD ROM ---- Weight Loss Planner recommends a daily calorie level based on your physiological profile, determines your ideal weight, and projects time for recommended weight loss. Also, it enables you to develop specific exercise programs, and it tabulates calories burned and weight loss attributable to exercise. It even has a function for charting your progress. Special features contained on this latest CD-ROM multimedia version include 30-day, 60-day and 90-day weight loss plans. Plus the program has extensive charting and graphing capabilities. In addition, this software contains numerous mini-programs to calculate everything from sugar calories to the effect of alcohol consumption on body weight. (ODS) OH, Ohio Distinctive Software, 1997.

FCS CD ROM 3

Menu Planner

Ohio Distinctive Software

CD ROM ---- Menu Planner creates daily menu plans for virtually any calorie level. It tailors the menu plans to suit your taste and to accommodate special needs (e.g., diabetes, vegetarian, hypertension, pregnancy, etc.). It contains a wide selection of foods and automatically provides the user with a well-balanced diet. Special features contained on this latest CD-ROM multimedia version include new menu plans that provide for up to 3 snacks per day in addition to 2 or 3 meals. And every menu plan includes individual explanations of serving sizes for each and every food. (ODS) OH, Ohio Distinctive Software, 1997.

FCS DVD ROM 1

Eat Right! 2005 Food Pyramid

Learning Seed

VIDEO ---- The 2005 version of the nutrition guidelines and food pyramid emphasizes the importance of physical activity and eating nutrient dense foods. For the first time, the food pyramid includes moderate to vigorous exercise as part of the "daily diet." This program is basic education for nutrition classes. 20 minutes. Lake Zurich, IL, Learning Seed, 2006.

FCS DVD ROM 1.1
Teen Nutrition: What's the Big Debate?

Learning ZoneXpress

DVD ROM ---- Two high school classmates prepare for a debate on healthy eating, a nutritionist gives advice, and student interviews give a "real life" view of eating habits. From them we learn: the F-A-T-S method of eating and activity; the P-L-A-N method of changing bad eating/activity habits; why the Food Pyramid matters; how to use a hunger scale to control eating; how reading food labels can help teens make good choices. Grades 6 to Adult. 26 minutes. Owatonna, MN, Learning ZoneXpress, 2007.

FCS DVD ROM 1.2
Project Nutrition for Life

Learning Zone Express

DVD ROM ---- Join a group of middle schoolers as they embark on a school project about making healthy food choices. Watch and learn along with the kids as they put the advice of their teacher to good use in a final report that teaches everyone that nutrition is a "Project For Life". Students will learn: How to use web-based resources effectively; The food pyramid; How foods affect our body; Using food labels to make healthy choices. Grades 6-8. 15 minutes. Owatonna, MN, Learning Zone Express, 2008.

FCS DVD ROM 1.3
Global Eating: Learning from Other Cultures

Learning Seed

DVD ROM ---- What can we learn from other cultures about food and nutrition? Some countries share our love for food yet manage to avoid our epidemic of obesity. How do they do it? By studying how other cultures eat, we can gain some useful (and tasty) ideas to adapt to our own needs. Meet Contilo from Paros and learn how the Mediterranean diet combines a zest for good food with healthful eating and long lives. Discover from the Japanese that eating is a feast for the eyes as well as the stomach. Discover the roots of Mexican food and explore its healthy ingredients. Learn the Chinese concept of a balanced meal that involves a blend of tastes and textures as well as the yin and yang of the foods. A video about the joy of good food. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS DVD ROM 1.4
Diet and Disease in Modern Society

Meridian Education Corporation

DVD ROM ---- This program investigates the relationship between diet and a number of frequently inter-related diseases and condition, including heart attack, stroke, high blood pressure, hardening of the arteries, obesity, Type 2 diabetes, and cancer. 36 minutes. Monmouth Jct, NJ, Meridian Education Corp, 2004.

FCS DVD ROM 2
Your Nutrition Style: Personalizing the Pyramid New Dietary Guidelines

Learning Seed

VIDEO ---- This program focuses on a key idea of the newly released food pyramid - that eating patterns have to fit individual needs. There is no one daily diet that is best for everyone. The program explains why various eating styles can cause problems and how to adjust eating patterns to match the USDA guidelines. 25 minutes. Lake Zurich, IL, Learning Seed, 2006.

FCS DVD ROM 2.1
Eat to Win: Nutrition for Athletes

Learning ZoneXpress

DVD ROM ---- Good nutrition at the top of an athletic training program will help gain the competitive edge. This video dispels 10 common nutrition myths with what to eat, when and why, using MyPyramid as the guide. Covers current, on-target nutrition information for athletes. Grades 6 - adult. 20 minutes. Teacher resources included. Owatonna, MN, Learning ZoneXpress, 2006.

FCS DVD ROM 4
Brave New Foods: The Biotech Revolution

Learning Seed

DVD ROM ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS DVD ROM 9
Why We Eat What We Eat

Learning ZoneXpress

DVD ROM ---- Viewers will see that there are many reasons why people have different tastes in foods. They will begin to understand how heritage, popular culture, regions of the country and world, social events, and advertising all influence our choices in foods. Grades 6 - Adult. 14 minutes. Owatonna, MN, Learning ZoneXpress, 2005.

FCS VIDEO 116
Exploring Vegetarianism: A Healthy Alternative

Meridian Education Corp.

VIDEO ---- Defines the types of vegetarians such as: vegan, ovo-lacto vegetarian, and ovo vegetarian. How a diet needs to include the necessary vitamins and minerals to stay healthy. Looks at menus. Includes users guide. 19 minutes. Bloomington, IL, Meridian Education Corp, 1999.

FCS VIDEO 159

What Should We Eat? The Vegetarian Debate

Learning Seed

VIDEO ---- This video challenges all eaters to make decisions about food. Should people eat lots of meat? Just a little? None at all? Are vegetarians on to something or just a fringe group afraid to eat a creature that looks cute? Is meat a key part of a healthy diet or does it contribute to cancer and heart disease? It is easy to find extreme views on this subject, but what are the real issues? Will the future find a world in which we no longer need to use animals to survive, or will meat eaters rule the planet? This video suggests people need a reason TO eat meat just as vegetarians need a reason to avoid it. 21 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 161

Global Eating: Learning from Other Cultures

Learning Seed

VIDEO ---- What can we learn from other cultures about food and nutrition? Some countries share our love for food yet manage to avoid our epidemic of obesity. How do they do it? By studying how other cultures eat, we can gain some useful (and tasty) ideas to adapt to our own needs. Meet Contilo from Paros and learn how the Mediterranean diet combines a zest for good food with healthful eating and long lives. Discover from the Japanese that eating is a feast for the eyes as well as the stomach. Discover the roots of Mexican food and explore its healthy ingredients. Learn the Chinese concept of a balanced meal that involves a blend of tastes and textures as well as the yin and yang of the foods. A video about the joy of good food. 22 minutes. Lake Zurich, IL, Learning Seed, 2003.

FCS VIDEO 162

Brave New Foods: The Biotech Revolution

Learning Seed

VIDEO ---- Learn that even those organic apples or free range chicken breasts from the local health food grocery are products of extensive genetic manipulation. Learn that almost every food we eat today is shaped by centuries of "tampering with nature" that changed often inedible and even poisonous plants into tasty and nutritious foods. Scientists see crops as building blocks for energy, chemicals, plastics, and even construction materials. The biotech revolution could change our society from one that runs on hydrocarbons to one based on carbohydrates. Explore the potential benefits and risks of bioengineered foods. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 169

Why We Eat What We Eat

Learning ZoneXpress

VIDEO ---- Viewers will see that there are many reasons why people have different tastes in foods. They will begin to understand how heritage, popular culture, regions of the country and world, social events, and advertising all influence our choices in foods. Grades 6 - Adult. 14 minutes. Owatonna, MN, Learning ZoneXpress, 2005.

FCS VIDEO 190

Nutrition for Active Fitness

Meridian Educational Corp.

VIDEO ---- Describes what nutrients active teens need for their best performance. Examples of foods recommended in order to have the most energy and body stamina. Tips on nutrition and how it benefits teens. 17 minutes. Bloomington, IL, Meridian Educational Corp., 2000.

FCS VIDEO 238

Your Nutrition Style: Personalizing the Pyramid New Dietary Guidelines

Learning Seed

VIDEO ---- This video focuses on a key idea of the newly released food pyramid - that eating patterns have to fit individual needs. There is no one daily diet that is best for everyone. The program explains why various eating styles can cause problems and how to adjust eating patterns to match the USDA guidelines. 25 minutes. Lake Zurich, IL, Learning Seed, 2006.

FCS VIDEO 239

Eat Right! 2005 Food Pyramid

Learning Seed

VIDEO ---- The 2005 version of the nutrition guidelines and food pyramid emphasizes the importance of physical activity and eating nutrient dense foods. For the first time, the food pyramid includes moderate to vigorous exercise as part of the "daily diet." This video is basic education for nutrition classes. 20 minutes. Lake Zurich, IL, Learning Seed, 2006.

FCS VIDEO 241

Diet and Disease in Modern Society

Meridian Education Corporation

VIDEO ---- This video investigates the relationship between diet and a number of frequently inter-related diseases and condition, including heart attack, stroke, high blood pressure, hardening of the arteries, obesity, Type 2 diabetes, and cancer. 36 minutes. Monmouth Jct, NJ, Meridian Education Corp, 2004.

FCS VIDEO 242

Nutrients: Their Interactions

Meridian Education Corporation

VIDEO ---- This video takes a scientific look at dietary nutrients, explaining what they are, why the body needs them, and how they work with each other to produce energy, stimulate growth, repair and maintain hard and soft tissues, and regulate bodily processes. The impact of nutritional deficiencies on short and long-term health is also discussed. 21 minutes. Mommouth Jct, NJ, Meridian Education Corp, 2004.

FCS VIDEO 246

Sport & Nutrition: An Extra Competitive Edge

NIMCO, Inc

VIDEO ---- Explores the ways elite sports people use nutrition to give themselves an extra edge in training, competitiveness & physical recovery. Begins with a basic overview, looking in particular at the roles of individual nutrients in sports performance including: Carbohydrates, Fats, Protein, Alcohol, Water, Vitamins, Minerals, & Electrolytes, Grade 9-Adult. 29 minutes. Calhoun, KY, NIMCO, Inc, 2003.

Parenting

FCS 13.1204 B275

Playing Together Learning Together *Joan Barrett*

BOOK ---- Play activities for children that help them develop and activities that promote a child's social, mental, and physical skills. Glenview, IL, Good Year Books, 1996.

FCS 13.1204 J11

Activities That Teach Family Values *Tom Jackson*

BOOK ---- The activities in this book provide a way to share without lecturing and to build a strong relationship with children. The family activities are fun and teach important topics. Cedar City, UT, Active Learning Center, Inc, 1998.

FCS 20.0101 K377.1

Parenting Resource Guide

Joanna Kister, Sandra Laurenson, Heather Boggs

BOOK ---- Practical problems related to parenting roles and responsibilities; developing readiness and preparing for parenthood; meeting the physical, emotional, social, and intellectual needs of family members; nurturing healthy, caring relationships; parenting in various family structures and cultures; and meeting responsibilities of families and society in nurturing children. Columbus, OH, Vocational Instructional Materials Laboratory, 1995.

FCS 20.0107 G133

Ask the Children: What America's Children Really Think About Working Parents, First Edition

Ellen Galinsky

BOOK ---- Quality time or quantity time? How children see their parents' parenting skills. What children want to tell their working parents. Why and how this study was conducted over a period of five years. New York, NY, William Morrow and Co., Inc., 1999.

FCS 20.0107 L562A

Teen Moms: The Pain and the Promise

Evelyn Lerman

BOOK ---- Stories from teen moms who assess themselves honestly, sparing neither themselves or their mates, many of them adults. The author's observations offer insight for society to take real responsibility in educating everyone, especially males, involved in this enduring complex problem. Buena Park, CA, Morning Glory Press, 1997.

FCS 20.0107 L562F

Books, Babies and School-Age Parents

Jeanne Warren Lindsay

BOOK ---- How to work with this special population to teach them skills to succeed as parents and in the workforce. Developing teen parent programs and curriculum. Buena Park, CA, Morning Glory Press, 1997.

FCS 20.0107 R573

Mommy and Daddy Are Always Supposed to Say Yes . . . Aren't They?

B. Annye Rothenberg, Ph.D.

BOOK ---- Two-section book – a story for preschoolers and a guide for parents. The children's story tells of a preschooler who wants his way . . . right now. Through the events of the story, he learns why that can't always be. The parents' guide teaches how to raise confident, content, and empathetic preschoolers without turning them into overindulged royalty. The reader learns what preschoolers are capable to do and how differently their minds work. 40 pages. Redwood City, CA, Perfecting Parenting Press, 2007.

FCS 20.0107 R978

Parents and Their Children (2002 Edition)

Verdene Ryder

BOOK ---- Contents: 1) Parenting as a Career; 2) Parenting: A Choice; 3) Families; 4) Effective Parenting; 5) Planning a Family; 6) Pregnancy; 7. Prenatal Care 8) Decisions Facing Parents-to-Be; 9) Childbirth; 10) New Parents, New Baby; 11) Parents and Their Infants; 12) Parents and Their Toddlers; 13) Parents and Their Preschoolers; 14) Parents and Their School-Age Children; 15) Parents and Their Teens; 16) Theories and Guidelines; 17) Guiding Healthy Development; 18) Family Concerns; 19) Family Crises; 20) Substitute Child Care; 21) Children's Education and Health; 22) The Challenge of a Child-Related Career. Tinley Park, IL, Goodheart-Willcox Company, 2002.

FCS 20.0107 S54

Adolescent Connections; A Guide to Selecting Resource Materials for Parents and Adolescents

Christine M. Sheriff, M.Ed.

BOOK ---- This book is a guide intended for both parents and adolescents and the professionals who work with them. We at ParentLINK hope it will direct and advise them when they are searching for information to help improve parents' relationships with their teens. Columbia, MO, ParentLINK - University of Missouri, 1999.

FCS 20.0107 W672

Grandparents Raising Grand Children: A Resource Guide for Professionals

Griselda Williams

BOOK ---- Information for professionals who work with grandparents. Introduces grandparents raising their grandchildren and suggests materials that may address their parenting needs. Also a list of resources to assist with parenting activities. Columbia, MO, University of Missouri; University Outreach and Extension; ParentLink, 1998.

FCS 21.0107 B713

When Being a Good Parent or Teacher Is Not Enough - Volume III

Barbara N. Buchanan, Anne E. Yarnevich, Larry McDonald

BOOK ---- Reference for medical professionals, parents, teachers, counselors, libraries and mental health organizations. Topics include: Risk and Resilience; Getting Help; Depression/Bipolar Disorder/Suicide; Anxiety Disorders/Post-Traumatic Stress Disorder/Obsessive Compulsive Disorder, Tic Disorders; Anorexia Nervosa/Bulimia Nervosa/Binge Eating; Schizophrenia; Grief and Loss/Death and Divorce; Substance Abuse; Abuse and Neglect/Attachment Disorders; Anger/Passive-Aggressive Behavior/Oppositional Defiant Disorder/Conduct Disorder/Violence; Developmental Disorders/Learning Disabilities; Adolescent Growth and Development. Kansas City, MO, Health Education Consultants, 2002.

FCS 21.0107 PAR2

A Guide to Parenting Education Resources for Hispanic/Latino Families

ParentLink

BOOK ---- This guide is for professionals who work with families of Hispanic/Latino origin. It contains descriptions of parenting materials and reviewers' comments to assist professionals in selecting materials for their use. ParentLink, 2002.

FCS DVD ROM 19

Brazelton on Parenting: The Bonds of Family - The New Family

Films Media Group

DVD ROM ---- Can the American Family be defined? Today's isolated nuclear families, some with unmarried or same-sex parents, challenge traditional notions. This program explores the evolution of new family types and what they mean for the future. 22 minutes. Lawrenceville, NY, Meridian Education Corporation, 2000.

FCS DVD ROM 20

Parenting Tips From The Pros

Cambridge Educational

DVD ROM ---- Leading child psychologists outline effective strategies to help manage your child's temper tantrums and teach your kids how to cope with their own emotions. Created with the best expertise available, this program will make the parent-child relationship a more regarding and loving one. 22 minutes. Monmouth Junction, NJ, Cambridge Educational, 2003.

FCS DVD ROM 69

Newborn Care: A Guide to the First Six Weeks

InJoy Videos

DVD ROM ---- This program provides parents with the knowledge and confidence needed to establish a positive bond with their newborn that will last a lifetime. Topics include: Newborn Appearances, including senses and brain development; Crying and Comfort Techniques, including colic and Shaken Baby Syndrome; Eating, including hunger cues, breastfeeding, and formula feeding; Sleeping, including new SIDS recommendations; Step-by-Step Diapering and Cleaning, including cord and circumcision care; Infant Health and Safety, including physical exams, signs of sickness, dehydration, jaundice, and car seat and home safety; Parent Health, including staying connected, rest, and proper nutrition for moms. 32 minutes. Longmont, CO, InJoy Videos, 2006.

FCS DVD ROM 69.1

7 Steps to Reduce the Risk of SIDS

InJoy Videos

DVD ROM ---- This program shows how to lower an infant's risk using simple, important safety steps. Helps ease parents' anxieties by showing them how to give their baby a healthy and happy first year. Viewers will learn about the importance of: Back sleeping; Pacifiers at bedtime; Smoke-free environments; Safe bedding; How to avoid overheating; Educating secondary caregivers; Room sharing. Ages: 13 - Adult. 14 minutes. Longmont, CO, InJoy Videos, 2006.

FCS DVD ROM 70

Positive Discipline: Babies, Birth to 1

InJoy Videos

DVD ROM ---- Presents age-appropriate positive discipline techniques for babies that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 25:15 minutes. Ages 13-Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS DVD ROM 71

Positive Discipline: Toddlers, Ages 1 and 2

InJoy Videos

DVD ROM ---- Presents age-appropriate positive discipline techniques for toddlers that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 24:19 minutes. Ages 13-Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS DVD ROM 72

Positive Discipline: Preschoolers, Ages 3 to 5

InJoy Videos

DVD ROM ---- Presents age-appropriate positive discipline techniques for preschoolers that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 27 minutes. Ages 13 to Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS DVD ROM 73

The 5 Essentials of Successful Parenting

InJoy Videos

DVD ROM ---- Here are the 5 essentials every child needs during the critical early years to lay the foundation for a happy and healthy life. Modeled on-screen by a diverse group of loving parents, viewers learn the specific behaviors and techniques that will allow their child to reach his or her fullest potential. Included are: Volume 1: Love and Stability; Volume 2: Time Together; Volume 3: Inspire and Challenge; Volume 4: Positive Discipline; Volume 5: Safety and Health. Ages: 13 - Adult. 15 minutes per volume. Longmont, CO, InJoy Videos, 2003.

FCS DVD ROM 84

Learning Before School: How Parents Can Help

Learning Seed

DVD ROM ---- How can parents give a child the best chance to succeed in school? This program shows how to give kids a head start in three key areas: communication, self-discipline and curiosity. Shows how to interact with children to help them explore their surroundings. It shows that predictable schedules and comforting routines contribute to a child's sense of security and demonstrates how to set limits for children while offering choices. A parents love and guidance are key to help a child develop the skills needed to be ready for success in school. 19 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 13

Positive Discipline: A Creative Alternative For Parents And Teachers

Meridian Education Corporation

VIDEO ---- How to reach and teach a child self-discipline and responsibility. Positive discipline allows children to make choices and experience the consequences of their choices and actions. Shows viewers a more positive way in which to interact with children of all ages. 22 minutes. Bloomington, IL, Meridian Education Corporation, 1998.

FCS VIDEO 55

Positive Discipline: Babies, Birth to 1

InJoy Videos

VIDEO ---- Presents age-appropriate positive discipline techniques for babies that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 25:15 minutes. Ages 13-Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS VIDEO 56

Positive Discipline: Toddlers, Ages 1 and 2

InJoy Videos

VIDEO ---- Presents age-appropriate positive discipline techniques for toddlers that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 24:19 minutes. Ages 13-Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS VIDEO 57

Positive Discipline: Preschoolers, Ages 3 to 5

InJoy Videos

VIDEO ---- Presents age-appropriate positive discipline techniques for preschoolers that can help any parent be more effective without resorting to shaking, shouting or spanking. Real-life scenarios feature actual parents handling common challenges with an initial harsh response, and then show the same situation handled with successful positive discipline techniques. 27 minutes. Ages 13 to Adult. Boulder, CO, InJoy Productions, Inc., 2004.

FCS VIDEO 80

The First Years Last Forever

I Am Your Child Foundation

VIDEO ---- The new research in brain development tells us of the vital importance of the relationship between caregiver and child in the critical first years of life. This video includes information on: bonding and attachment; communication; health and nutrition; discipline; self-esteem; child care; self-awareness. 29 minutes. Los Angeles, CA, I Am Your Child, 2000.

FCS VIDEO 81

Discipline: Teaching Limits With Love

I Am Your Child Foundation

VIDEO ---- In this video, Dr. T. Berry Brazelton, America's foremost pediatrician, shows parents that setting limits is not punishment, but a loving way to teach a child how to control his or her own behavior. Los Angeles, CA, I Am Your Child Foundation, 1999.

FCS VIDEO 127

Understanding Parenting Styles; Authoritarian - Democratic - Permissive

Meridian Corp.

VIDEO ---- Shows the strengths and weaknesses of three styles of parenting. Autocratic style is rigid with little flexibility. Permissive has no rules or structure. Democratic is a blend which shares power and encourages children to make decisions and think for themselves. Users guide. Bloomington, IN, Meridian Corp., 1998.

FCS VIDEO 189

Raising Non-Violent Children in Violent Times

Meridian Education Corporation

VIDEO ---- Violence, bloodshed, and death appear to be gaining strongholds among our youth. How can we turn our children away from violence? Understand the reasons that violence has taken hold and practice parenting skills that will counteract violent factors. This video takes a long hard look at the subject and provides definitive goals while identifying some of the major risk factors. Video looks at some typical violence issues and shows how good parenting early in the child's life could have prevented these violent tendencies. 15 minutes. Monmouth Jct., NJ, Meridian Education Corporation, 2000.

FCS VIDEO 243

Parenting Tips From The Pros

Cambridge Educational

VIDEO ---- Leading child psychologists outline effective strategies to help manage your child's temper tantrums and teach your kids how to cope with their own emotions. Created with the best expertise available, this program will make the parent-child relationship a more regarding and loving one. 22 minutes. Monmouth Junction, NJ, Cambridge Educational, 2003.

FCS VIDEO 251

The Essentials of Successful Parenting: Vol 1 - Love and Stability
InJoy Videos

VIDEO ---- The pivotal component of all healthy development is that the child feels loved. Volume 1 teaches parents the behaviors that let children know they are loved, leading to security, trust and self-esteem. 15 minutes. Boulder, CO, InJoy Videos, 2003.

FCS VIDEO 252

The Essentials of Successful Parenting, Vol 2: Time Together
InJoy Videos

VIDEO ---- Teaches parents the importance of daily focused interaction with their child and the specific activities that children find fun and comforting. The result? More involved parents, and a reduced risk of neglect and abuse. 13 minutes. Boulder, CO, InJoy Videos, 2003.

FCS VIDEO 253

The Essentials of Successful Parenting; Vol 3: Inspire and Challenge
InJoy Videos

VIDEO ---- Demonstrates to parents how to provide a variety of age-appropriate experiences that gently challenge and stimulate growth, cultivating their children's curiosity and love of learning. 13 minutes. Boulder, CO, InJoy Videos, 2003.

FCS VIDEO 254

The Essentials of Successful Parenting; Vol 4: Positive Discipline
InJoy Videos

VIDEO ---- This volume helps parents set rules and limits that are consistent with their child's development, giving them techniques to discipline without shaking, shouting or hitting. 15 minutes. Boulder, CO, InJoy Videos, 2003.

FCS VIDEO 255

The Essentials of Successful Parenting; Vol 5: Safety and Health
InJoy Videos

VIDEO ---- Shows the importance of good health care and regular doctor visits, plus how to create safe environments, model safe behavior, and choose high quality daycare. 14 minutes. Boulder, CO, InJoy Videos, 2003.

FCS VIDEO 276

Preparing Tomorrow's Parents Today
The Parenting Project

VIDEO W/BOOK ---- This video is designed to provide educators, policy makers and other advocates with the tools and information to establish and operate parenting preparation programs for children and teens in their communities. 13 minutes. The guide (included) documents the need for parenting education for children and teens, describes in detail well-respected school-based programs currently available, and offers many resources for implementing parenting education programs for young people. 13 minutes. Boca Raton, FL, The Parenting Project, 2002.

Parliamentary Procedure

FCS NAP 1

Pointers on Parliamentary Procedure
Louise E Bereskin

BOOK ---- A condensed but complete explanation of parliamentary procedure, including handling of motions, duties of officers, committees, a glossary of parliamentary terms, and sample forms and charts. Whether you use this book as a study guide to further your basic knowledge of parliamentary law, it is a necessary reference for every organization member, especially for the officers. Independence, MO, National Association of Parliamentarians, 2001.

FCS NASSP 1

Parliamentary Procedure Without Stress
Roberta M. McDow

BOOK ---- Rules of order can sometimes appear intimidating and confusing, however, by establishing a specific set of rules, parliamentary procedure actually makes meetings easier to conduct and ensures that every person within the organization may be heard. This book is a useful tool in becoming familiar with parliamentary procedure. Reston, VA, National Association of Secondary School Principals, 2001.

FCS Ref R51

Robert's Rules of Order in Brief

Henry M. Robert III, William J. Evans, Daniel H. Honemann, Thomas J. Balch
BOOK ---- This short and user-friendly "cheat-sheet" of a guide briefs readers on the rules most often needed at meetings--from debates and amendments to votes and nominations. With sample dialogues, helpful references to the "big" book throughout, and handy tips for elected or appointed officials, this book is the essential abbreviated meeting rulebook. Cambridge, MA, Da Capo Press, 2004.

Personal Finance

FCS 20.0101 MSSSD 1

Basics of Saving and Investing; A Teaching Guide

Missouri Secretary of State Securities Division

BOOK ---- Contains learning objectives that focus on: how to design a personal financial plan; how financial markets work; how to select among various saving and investment options; how to find and use investment information; how to recognize and victim-proof yourself against investment fraud. Ypsilanti, MI, National Institute for Consumer Education, 1998.

FCS 20.0101 MSSSD 2

Personal Finance for the Economics Classroom

Missouri Secretary of State Securities Division

BOOK ---- Blends macro economic theory with what high school students need to know for micro financial decision making. Can be used as the framework of an entire course or to supplement current high school economics courses. Divided into five units: understanding the financial markets; making financial decisions; selecting among the various saving and investing options; finding and utilizing investment information; recognizing and victim proofing yourself against investment fraud, developing a comprehensive personal financial plan. Jefferson City, MO, Missouri Secretary of State Securities Division, 1998.

FCS 20.0104 C153

The Confident Consumer; Teacher's Annotated Edition

Sally R. Campbell

BOOK ---- Basic economic concepts as related to being a consumer, producer and citizen. Topics include: economics, making decisions, routine spending, big spending, finance, citizenship. This will help students learn how to make financial and economic decisions with competence. Tinley Park, IL, Goodheart-Willcox Company.

FCS 20.0104 C153A

The Confident Consumer: Student Edition

Sally R. Campbell

BOOK ---- Basic economic concepts as related to being a consumer, producer and citizen. Topics include: economics, making decisions, routine spending, big spending, finance, citizenship. Student guide. Tinley Park, IL, Goodheart-Willcox Company.

FCS 20.0104 CO719

Colorado Consumer and Family Studies Wage Earning Curriculum Guide-Part II

Lulianne C. Lambert

BOOK ---- CO, Colorado Community College, 1994.

FCS 20.0104 L623

Control Your Money - A Quick and Easy Guide

Signal Hill Publications

BOOK ---- This book will help you gain control of your financial destiny. This guide will teach you all about money management and budgeting. Signal Hill Publications, 1997.

FCS DVD ROM 10

Why You Buy: 21st Century Advertising

Learning Seed

DVD ROM ---- Advertising once aimed to persuade or claim product superiority. But today's ads often make no claims for the product and use subtle tactics to get around our substantial defenses against commercial arm twisting. This program looks at person-to-person selling, direct mail, ads and emotions, and TV commercials to reveal how they sneak under our persuasion radar. 23 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS DVD ROM 49

Budgeting Basics

Learning Seed

DVD ROM ---- Students will learn how to prepare a basic household budget; why setting goals is a part of financial planning; the importance of keeping track of one's spending; how to organize household money matters; ways to audit spending habits and discover expensive blind spots; simple lifestyle changes that can help save money; and how to put all the pieces together in a budget that meets your goals. Audience: General. 18 minutes. Lake Zurich, IL, Learning Seed, 2008.

FCS DVD ROM 50

21st Century Money Management: Financial Planning

C. W. Publications

DVD ROM ---- One of a series of five DVDs packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these DVDs also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS DVD ROM 51

21st Century Money Management: Checking Accounts

C. W. Publications

DVD ROM ---- One of a series of five DVDs packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these DVDs also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS DVD ROM 52

21st Century Money Management: Saving

C. W. Publications

DVD ROM ---- One of a series of five DVDs packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these DVDs also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS DVD ROM 53

21st Century Money Management: Credit Cards

C. W. Publications

DVD ROM ---- One of a series of five DVDs packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these DVDs also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS DVD ROM 54

21st Century Money Management: Loans

C. W. Publications

DVD ROM ---- One of a series of five DVDs packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these DVDs also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS DVD ROM 55

Charge It: Credit Card Secrets

Learning Seed

DVD ROM ---- Use Charge It! to teach your students "secrets" that credit card issuers might prefer stay hidden. Show your students how to select the best credit card to match their spending habits. Show how marketing gimmicks such as teaser rates and instant cash "checks" can be expensive traps. Show how to use a credit card responsibly and understand its hidden costs. Teach how to read a credit card statement, how to protect your consumer rights, how to avoid credit card theft, and how to resolve billing disputes. Learn in what ways a credit card can be safer than checks or cash. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS DVD ROM 56

A Penny Saved: How to Grow Money

Learning Seed

DVD ROM ---- Do your students understand the power of compound interest or the ability of money to grow with time? Show them that even the lofty goal of saving a million dollars is far from unthinkable. Use A Penny Saved to teach the basics of interest, investing, compounding, the time value of money, inflation, liquidity, and yield. 21 minutes. Lake Zurich, IL, Learning Seed, 2000.

FCS KIT 3

Choices & Decisions: Taking Charge of Your Financial Life

VISA

KIT ---- A guide for teaching financial planning, budgeting, and decision making to students and at-risk consumers. Contains bound information, 22 minute video & 22 minute cd. San Francisco, CA, VISA, 1999.

FCS VIDEO 18

21st Century Money Management: Financial Planning

C. W. Publications

VIDEO ---- One of a series of five videos packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these videos also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS VIDEO 19

21st Century Money Management: Checking Accounts

C. W. Publications

VIDEO ---- One of a series of five videos packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these videos also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS VIDEO 20

21st Century Money Management: Saving

C. W. Publications

VIDEO ---- One of a series of five videos packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these videos also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS VIDEO 21

21st Century Money Management: Loans

C. W. Publications

VIDEO ---- One of a series of five videos packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these videos also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS VIDEO 22

21st Century Money Management: Credit Cards

C. W. Publications

VIDEO ---- One of a series of five videos packed with information about banking in the new millennium. Not only are the basics of opening and maintaining accounts covered, but these videos also teach viewers how to manage their money successfully. Special focus is given to online banking functions and resources. Series titles include: Checking Accounts; Savings; Credit Cards; Loans; Financial Planning. Grade 7 - Adult. 20 to 25 minutes. Sterling, IL, C.W. Publications, 2005.

FCS VIDEO 32

Extra Credit: Recognizing the Do's and Don'ts of Using Credit

Linx Educational Publishing, Inc.

VIDEO ---- This video explains credit cards, debit cards, loans and debt and explores the advantages and disadvantages of using credit. Discusses simple interest and compound interest, finance charges and annual fees. Students will learn how to read a credit report and discover the secrets to a good credit rating. 23 minutes. Jacksonville Beach, FL, Linx Educational Publishing, Inc., 2002.

FCS VIDEO 164

Why You Buy: 21st Century Advertising

Learning Seed

VIDEO ---- Advertising once aimed to persuade or claim product superiority. But today's ads often make no claims for the product and use subtle tactics to get around our substantial defenses against commercial arm twisting. This video looks at person-to-person selling, direct mail, ads and emotions, and TV commercials to reveal how they sneak under our persuasion radar. 23 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 166

A Penny Saved: How to Grow Money

Learning Seed

VIDEO ---- Do your students understand the power of compound interest or the ability of money to grow with time? Show them that even the lofty goal of saving a million dollars is far from unthinkable. Use A Penny Saved to teach the basics of interest, investing, compounding, the time value of money, inflation, liquidity, and yield. 21 minutes. Lake Zurich, IL, Learning Seed, 2000.

FCS VIDEO 167

Charge It: Credit Card Secrets

Learning Seed

VIDEO ---- Use Charge It! to teach your students "secrets" that credit card issuers might prefer stay hidden. Show your students how to select the best credit card to match their spending habits. Show how marketing gimmicks such as teaser rates and instant cash "checks" can be expensive traps. Show how to use a credit card responsibly and understand its hidden costs. Teach how to read a credit card statement, how to protect your consumer rights, how to avoid credit card theft, and how to resolve billing disputes. Learn in what ways a credit card can be safer than checks or cash. 24 minutes. Lake Zurich, IL, Learning Seed, 2002.

FCS VIDEO 187

Credit Card Cautions

Meridian Education Corp.

VIDEO ---- An overview on how credit cards work. Guides teens and young adults on card safety, purchase decisions, rates, and finance charges. Tells stories of credit card users and abusers. Informs credit card users on how and where to get help. 30 minutes. Bloomington, IL, Meridian Education Corp., 2000.

FCS VIDEO 205A

Dollars & Sense; Personal Finance for the 21st Century: Planning Your Personal Finance, Video 1 - Dollars & Sense

Coast Learning Systems

VIDEO ---- This is video 1 of this series that focuses on planning personal finance. 60 minutes. Lincoln, NE, GPN, 2001.

FCS VIDEO 205B

Dollars & Sense...Personal Finance for the 21st Century: Managing Your Personal Finances, Video 2 - Dollars & Sense

Coast Learning Systems

VIDEO ---- This is video 2 of this personal finance series that focuses on managing personal finances. 60 minutes. Lincoln, NE, GPN, 2001.

FCS VIDEO 205D

Dollars & Sense...Personal Finance for the 21st Century: Insuring Your Resources, Video 4 - Dollars & Sense
Coast Learning Systems

VIDEO ---- This is video 4 of this personal finance series that focuses on purchasing decisions. 60 minutes. Lincoln, NE, GPN, 2001.

FCS VIDEO 205E

Dollars & Sense...Personal Finance for the 21st Century: Investing Your Resources, Video 5 - Dollars & Sense
Coast Learning Systems

VIDEO ---- This is video 5 of this series that focuses on investing your money. 60 minutes. Lincoln, NE, GPN, 2001.

FCS VIDEO 205F

Dollars & Sense...Personal Finance for the 21st Century: Controlling Your Financial Future, Video 6 - Dollars & Sense
Coast Learning Systems

VIDEO ---- This is video 6 of this series that focuses on controlling financial futures. 60 minutes. Lincoln, NE, GPN, 2001.

Prenatal Care

FCS 20.0102 PC1

Having a Baby - A Quick and Easy Guide

Signal Hill Publications

BOOK ---- Being pregnant can be wonderful and scary. This book gives you the facts about pregnancy and childbirth in an easy-to-read format. Signal Hill Publications, 1997.

FCS 20.0201 K677

An Ounce of Prevention: Addressing Birth Defects Related to Folic Acid, Alcohol and Tobacco

Lori Williamson-Kruse, Brenda Bell, Carrie L. Chou

BOOK ---- A high school curriculum designed to impact the lifestyle of students so that the health of babies will be improved. Grades 9 and 10. Columbia, MO, The Curators of the University of Missouri, 2005.

FCS DVD ROM 21

Babies Can't Say "NO": Substance Abuse During Pregnancy

AIMS Multimedia

DVD ROM ---- This program shows how a pregnant woman's use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. It explains that an infant who survives an alcohol-soaked pregnancy is often born with Fetal Alcohol Syndrome, a group of serious physical and neurological birth defects - and the most common cause of mental retardation. The birth mother and adoptive mother of a child with FAS present their real-life experience of heartbreaks and small victories, while an FAS-trained pediatrician and educator describe the medical and developmental struggles of children with FAS and other drug-induced birth defects. Grades 9 - 12, Adult. 23 Minutes. Chatsworth, CA, AIMS Multimedia, 2001.

FCS DVD ROM 24.2

Healthy Journey: Your Contemporary Guide to Pregnancy

InJoy Videos

DVD ROM ---- This program presents the latest information in the fields of fetal development, nutrition, prenatal healthcare, and more. Throughout the program, diverse families share their thoughts and reveal the steps they are taking to help ensure their babies are born healthy. Also included are Ask Dr. Amy segments, featuring an approachable obstetrician who answers challenging questions, emphasizing the importance of making informed choices. Other highlights include a variety of healthy tips, advice for dads and support people, and amazing fetal fun facts. 62 minutes. Longmont, CO, InJoy Videos, 2007.

FCS VIDEO 176

Fetal Abuse: The Effects of Drugs & Alcohol

Meridian Education Corporation

VIDEO ---- Children born to mothers with substance abuse addictions may suffer severe physical, mental and behavioral abnormalities. Problems may result with central nervous system disorders, facial irregularities, joint and limb abnormalities, heart defects, addiction to drugs, motor, speech and language development and other health problems. 18 minutes. Bloomington, IL, Meridian Education Corporation, 1997.

FCS VIDEO 204

**Smoking, Pregnancy, and Babies:
Just the Facts**

Bootheel Healthy Start

VIDEO ---- This video was developed by Health Care Professionals, Community Organizers, Mothers and Teenagers in the Missouri Bootheel to encourage women to stop smoking before, during and after pregnancy. This project is supported by the Maternal and Child Health Bureau. 23 minutes. Sikeston, MO, Bootheel Healthy Start, 1998.

FCS VIDEO 260

Babies Can't Say "NO": Substance Abuse During Pregnancy

AIMS Multimedia

VIDEO ---- This program shows how a pregnant woman's use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. It explains that an infant who survives an alcohol-soaked pregnancy is often born with Fetal Alcohol Syndrome, a group of serious physical and neurological birth defects - and the most common cause of mental retardation. The birth mother and adoptive mother of a child with FAS present their real-life experience of heartbreaks and small victories, while an FAS-trained pediatrician and educator describe the medical and developmental struggles of children with FAS and other drug-induced birth defects. Grades 9 - 12, Adult. 23 Minutes. Chatsworth, CA, AIMS Multimedia, 2001.

Preschool/Child Care

FCS 20.0101 C993

Active Learning for Fours: Active Learning Series

Debby Cryer, Thelma Harms, Adele Ray

BOOK ---- Activities to do with small children. Gives ideas on planning environments for children at the ages of 48 months through 60 months old. Activities include listening and talking skills; physical development, creativity, and learning. Parsippany, NJ, Dale Seymour Publications, 1996.

FCS 20.0101 M13

The Authentic Assessment Workbook

Magna Systems, Inc.

BOOK ---- This guide supports the concepts of the corresponding videos in the Authentic Assessment Series (FCS VIDEO 61, FCS VIDEO 62, FCS VIDEO 63), including discussions and classroom activities to involve the learner in the authentic assessment process. Barrington, IL, Magna Systems, Inc., 2004.

FCS 20.0101 M88

Sport Readiness

Bernadette Murphy, Gerry SurrIDGE

BOOK ---- The ultimate goal of "Sport Readiness" is to include sports, fitness, and active leisure activities for preschoolers. It will improve hand-eye coordination, promote safe and healthy play and also develop good sportsmanship. Parsippany, NJ, Good Year Books, 2000.

FCS 20.0200 C993

Nutrition Activities for Preschoolers

Debby Cryer, Adele Ray

BOOK ---- Nutrition activities for young children. Activities that puts an emphasis on good health and nutrition throughout early childhood. Provides activities that are also related to science, math, art, and music. White Plains, NY, Dale Seymour Publishers, 1996.

FCS 20.0200 H433

Working with Young Children

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 H433A

Working with Young Children-Teacher's Resource Guide

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, The Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 H433D

Working with Young Children-The Observation Guide

Judy Herr

BOOK ---- Working with Young Children focuses on the application of child development principles to the care of children in group settings. Introduce your students to the fast-growing field of child care services, and help them learn the necessary skills. This popular text features an inviting, colorful format and many new illustrations. IL, The Goodheart-Willcox Co., Inc., 1998.

FCS 20.0200 M137

Little Books from A to Z

Christine E. McCormick

BOOK ---- Helps preschoolers learn and recognize letters. Images for children in easy-to-remember stories and early literacy experiences. Reinforces phonics and early reading skills. Parsippany, NJ, Good Year Books, 1998.

FCS DVD ROM 80

Preschoolers: Cognitive Development

Magna Systems

DVD ROM ---- Using footage of preschoolers in the classroom, graphics and interviews with teachers and caregivers, this program delivers a detailed overview of the cognitive development that takes place between the ages of three and five. This program shows how the brain grows neural bridges and strengthens a child's intellect, widely studied developmental theories of cognitive development and how to encourage it and characteristics of preoperational thought. Also covered are areas of language development, how children use symbolic thought and how theory of the mind helps preschoolers understand what the mind is and how it works. Demonstrates teaching methods to guide preschoolers to higher-order thinking skills. Audience: General, College. 24... Lake Zurich, IL, Magna Systems, 2008.

FCS DVD ROM 81

Preschoolers: Physical Development

Magna Systems

DVD ROM ---- Viewers will learn the physical characteristics of preschoolers, how gross and fine motor skills are developed and the physical milestones that most children reach during this stage. This program also looks at the natural activities children are drawn to which help their physical development and strategies to encourage these activities. Also covers the physical challenges that some children have, activity modifications to help children with physical challenges and why good nutrition and the proper amount of sleep are crucial at this age. Audience: General, College. 21 minutes. Lake Zurich, IL, Magna Systems, 2008.

FCS DVD ROM 82

Preschoolers: Social & Emotional Development

Magna Systems

DVD ROM ---- Viewers will learn: The skill set that makes up social and emotional development; the value of encouraging creativity and risk taking; activities that foster initiative and positive self-esteem; how culture and gender affect development; levels of social participation; examples of pro-social and antisocial behaviors and ways caregivers can develop skills. Audience: General, College. 23 minutes. Lake Zurich, IL, Magna Systems, 2008.

FCS DVD ROM 83

Confessions of a Montessori Teacher & In-Home Childcare Provider

Leaning ZoneXpress

DVD ROM ---- This program uses interviews and live footage of experts to introduce students to what it takes to succeed in these professions, as well as learn: Education and training required; Salary range; Long-term career outlook; Typical daily activities; and, highs and lows of the job. Grades 6 to 12. 15 minutes. Owatonna, MN, Leaning ZoneXpress, 2007.

FCS VIDEO 58

Child-Centered Curriculum

Magna Systems, Inc.

VIDEO ---- Follow infant and toddler caregivers and teachers as they plan curriculum in a center-based care environment. Teachers observe each child; then work as a team to develop curriculum for that child. See how the curriculum is closely related to the child, and how it develops from everyday experiences at the center. Teachers show how a child-centered curriculum is meaningful because it stems from the child. 23 minutes. Barrington, IL, Magna Systems, Inc., 2002.

FCS VIDEO 59

Curriculum for Infants & Toddlers: Exploring and Learning

Magna Systems, Inc.

VIDEO ---- Learning for the very young child is centered on the moment-to-moment experiences of their day. This video shows that the trusted caregiver is the child's primary mode of learning and demonstrates how responsiveness to the child and alertness to each child's thinking both respects and supports the child's unique way of learning. 25 minutes. Barrington, IL, Magna Systems, Inc., 2002.

FCS VIDEO 60

Promoting Language and Literacy

Magna Systems, Inc.

VIDEO ---- This video observes the processes skilled caregivers use to listen and respond to the child's communication from nonverbal expressions through use of phrases and sentences. Parents and caregivers share information concerning the child's language and use of signs to enhance the communication both at home and in child care. Caregivers discuss ways to facilitate children who may show language delays and whose home language is different than English. Caregivers demonstrate sharing books in ways meaningful to the child from early infancy on through the second year. To prepare for later literacy, caregivers use pictures and photos and introduce materials for scribbling and representation. 29 minutes. Barrington, IL, Magna Systems, Inc., 2003.

FCS VIDEO 61

Authentic Assessment: Setting the Stage

Magna Systems, Inc.

VIDEO ---- The validity of Authentic Assessment techniques to chart children's growth and development versus the use of standardized testing is discussed. This video sets the stage for understanding how children are observed within the context of their play as well as their culture, and how these observations are important to understanding their total development. The importance of authentic assessment techniques in informing funding sources and other stakeholders are addressed. 24 minutes. Barrington, IL, Magna Systems, Inc., 2004.

FCS VIDEO 62

Authentic Assessment Observing Young Children I: The Eyes Have It
Magna Systems, Inc.

VIDEO ---- This video explores a variety of authentic assessment techniques used in preschool settings to document the growth of young children in their classrooms. The documentation includes: observations, work samples, story dictation and pictures of young children within the context of their environment. Teachers discuss the system that they have set-up with their team members to observe children in their classroom. They also address the importance of respect by observing children within the context of their own culture. The teachers discuss how they use assessment results to form their curriculum and to individualize instruction for the children in their room. 25 minutes. Barrington, IL, Magna Systems, Inc., 2004.

FCS VIDEO 63

Authentic Assessment Observing Young Children II: Making the Connection
Magna Systems, Inc.

VIDEO ---- Teachers and education coordinators demonstrate the system that they use to collate the observational data on young children. The data includes, but is not limited to, work samples, observations, story dictation and pictures of children engaged in activities. Teachers demonstrate the linkage between the formative assessment system they are utilizing and how that data informs the formal assessment or checklist. This video also demonstrates how programs use computers to collate data and inform funding sources of their children's progress throughout the year. 23 minutes. Barrington, IL, Magna Systems, Inc., 2004.

FCS VIDEO 82

Quality Child Care: Making the Right Choice For You & Your Child
I Am Your Child Foundation

VIDEO ---- Children's intellectual and emotional development is strongly influenced by the quality of the care that they receive in the first few years of their lives. This video includes information on: Why quality child care is important for your child's healthy development; What you should look for when choosing child care; Questions to ask a potential caregiver; Questions to ask yourself when looking at a child care setting; Important information to communicate to your caregiver. Los Angeles, CA, I Am Your Child Foundation, 2000.

FCS VIDEO 83

Safe From the Start
I Am Your Child Foundation

VIDEO ---- Childhood is a time of growth, experimentation and learning. Although a few bumps and scrapes are to be expected along the way, there are many things parents and caregivers can do to help prevent serious childhood injuries. This video provides helpful information about; Car seats and car safety; Feeding and food safety; sleep/bedtime; Bath time/bathroom hazards; Childproofing at home; Toy safety; Kitchen safety; Safety outside the home; Kids and gun safety. 23 minutes. Los Angeles, CA, Dorling-Kindersley, 2000.

FCS VIDEO 192

Skills for Child Care Workers
Meridian Education Corp.

VIDEO ---- Gives insight on what traits and characteristics help in being a successful child care teacher/worker. Effective adult behavior that can be used in child care situations. 15:28 minutes. Bloomington, IL, Meridian Education Corp., 2000.

Self-Esteem

FCS VIDEO 3

The Mirror in My Mind
Wildcatter Productions

VIDEO ---- This program explores and explains the damages cultural forces can do to a young person's developing sense of self-worth. Teenagers can develop a negative body image if they feel their body deviates too far from the "cultural norm." In extreme cases these negative body images can develop into body dysmorphic disorder, (BDD) sometimes called "the disease of imagined ugliness." Real-life testimonials from young people who struggled with related issues such as: steroid abuse, Anorexia, and Bulimia provide a keen insight to the hazards body image anxieties can create. 30 minutes. Houston, TX, Wildcatter Productions, 2002.

FCS VIDEO 156

Instant Impressions: Make A Difference Video Series
Pineapple Appeal

VIDEO ---- Impress on students how gestures, clothing, overall appearance, speech, and enthusiasm affects first impressions. Learn to recognize how eye contact and a handshake form positive feelings. The rewards of creating a good first impression increase self esteem. Owatonna, MN, Pineapple Appeal, 1997.

SkillsUSA

FCS CD ROM 4

2009 SkillsUSA Technical Standards CD-ROM Package
SkillsUSA

CD ROM ---- Contests on the CD-ROM list the academic skills that are embedded into the SkillsUSA Championships in math, English and science. Leesburg, VA, SkillsUSA, 2008.

Teaching Resources

FCS 13.1204 J117

Conducting Group Discussions with Kids: A Leader's Guide for Making Activities Meaningful

Tom Jackson

BOOK ---- The author provides tools to make an activity meaningful by sharing how to conduct a successful discussion. Includes: Great discussions using a 4 step outline; 13 simple and engaging discussion formats; Getting kids to talk; 3 words you never want to hear in a discussion; Successful teacher behavior during a discussion; Getting the class ready for discussion; When and how to end discussions. Cedar City, UT, Active Learning Center, Inc., 2002.

FCS 13.1301 A513

Safety Resources for the Family and Consumer Sciences Teacher

Andrea Ancich, Dawn Boyden, Kathy Hahn, Deborah Handy, Ph.D., Shelly Ward

BOOK ---- This resource is a compilation of resources to help teachers organize safety education and practices. Readers will find a variety of guidelines for specific safety concerns and examples for managing student records. 60 pages. Ellensburg, WA, Central Washington University, 2006.

FCS 13.1301 A532

Reading and Math Literacy For FACS Teachers

Colleen Angel

BOOK ---- Ways to incorporate relevant math and literacy concepts into FACS classes are featured in this curriculum. Each lesson has an objective, identifying the math and reading standards, the lesson addresses, and includes a lesson plan outline. Owatonna, MN, Learning Zone Express, 2006.

FCS 13.1301 B655

Formative Assessment Strategies for Every Classroom

Susan M. Brookhart

BOOK ---- This resource addresses the specific skills and strategies students need to learn in order to assess themselves in the classroom and how to teach those strategies in the context of subject area material. More than 50 tools to use with students in every grade level and subject are included. A series of Teacher Tools help create high-quality classroom assignments, use appropriate intervention strategies, and give students good feedback. Then a series of Student Tools help teach formative assessment strategies that students can use when an assignment is given, during direct instruction, during group or individual work, before a summative assessment (such as a major test), and after a summative assessment. Three-ring binder, 245 pages. Alexandria, VA, Association for Supervision and Curriculum Development, 2006.

FCS 13.1301 C766

Reaching to Teach: Second Custom Edition

The Curriculum Center for Family and Consumer Sciences

BOOK ---- Compiled to introduce secondary students to education careers. Pulls together selected chapters from existing reference books. Boston, MA, Pearson Custom Publishing, 2005.

FCS 13.1301 L 15

Collaborative Analysis of Student Work

Georgea M Langer, Amy B Colton, Loretta S Goff

BOOK ---- Developed and refined with more than 100 elementary and secondary teachers, this adaptable system combines the best of action research, study groups, standards-based learning, student assessment, teacher reflection, and portfolio assessment. The authors guide you through each component with concrete, detailed descriptions and authentic examples. Alexandria, VA, Association for Supervision and Curriculum Development, 2003.

FCS 13.1301 M14

The Key Elements of Classroom Management

Joyce McLeod, Jan Fisher, Ginny Hoover

BOOK ---- The authors combine insights gleaned from extensive experience with step by step discussions of practical strategies. Any teacher who has struggled with the day to day challenges of the classroom will find an abundance of proven techniques for creating an orderly, caring, and efficient environment that supports successful teaching and learning. Alexandria, VA, Association of Supervision and Curriculum Development, 2003.

FCS 13.1301 M169

Classroom Assessment & Grading That Work

Robert J. Marzano

BOOK ---- This book provides guidelines and steps for designing a comprehensive assessment program that ensures assessments and grades lead to timely, accurate feedback on specific, standards-based learning goals. Discover how classroom assessments--from quizzes and projects to term papers and tests--provide your school with the most powerful tool to boost achievement. Learn why point systems and score averaging are ineffective ways to grade students' progress. 189 pages. Alexandria, VA, Association for Supervision and Curriculum Development, 2006.

FCS 13.1301 P55

Test Better Teach Better

W. James Popham

BOOK ---- This book explores the links between assessment and instruction and provides a jargon-free look at classroom and large-scale test construction, interpretation, and application. Also provides practical advice for dealing with today's myriad testing targets and explains how standards-based achievement tests currently don't (but could) provide both accountability evidence and useful instructional information. Alexandria, VA, Association for Supervision and Curriculum Development, 2003.

FCS 13.1301 R71

Hints for Teaching Success in Middle School

Robert E Rubinstein

BOOK ---- Part survival guide and part source of inspiration, this handbook offers middle school educators support and new insights. Stimulating ideas are paired with practical classroom-tested strategies that suggest new ways of thinking and teaching. This book emphasizes the importance of understanding young people and instilling in them the burning desire to learn, both in the classroom and in life. Inspiring and down-to-earth, this book offers teachers a new and refreshing way to succeed in their profession. Englewood, CO, Teacher Ideas Press, 1994.

FCS 20.0101 K595

Savage Inequalities: Children in America's Schools

Jonathan Kozol

BOOK ---- The author believes that children from poor families are cheated out of a future by grossly underequipped, understaffed and underfunded schools in U.S. inner cities and less affluent suburbs. The schools he visited between 1988 and 1990--in burnt-out Camden, N.J., Washington, D.C., New York's South Bronx, Chicago's South Side, San Antonio, Tex., and East St. Louis, Mo., awash in toxic fumes--were "95 to 99 percent nonwhite." Kozol (*Death at an Early Age*) found that racial segregation has intensified since 1954. 261 pages. New York, NY, HarperPerennial, 1992.

FCS 20.0101 P162

What To Do When Kids Say, "NO!" Teacher Handbook

Good Parent/Teacher Project

BOOK ---- Supportive handbook reviews the impact of traditional discipline and suggests a tested head-to-heart problem-solving approach to dealing with the increasing numbers of tearful, angry, upset, disruptive, troubled, and even violent students of all ages. Kansas City, MO, Health Education Consultants, 1999.

FCS 20.0101 W73

Discovery Science

David Winnett, et al

BOOK ---- An approach to teaching childhood science. Topics cover how objects are alike, movement and motion of objects, and how objects are made and used. Menlo Park, CA, Addison-Wesley, 1996.

FCS 20.0107 M12

Jump Starters Quick Classroom Activities That Develop Self-Esteem, Creativity, And Cooperation

Linda Nason McElherne, M.A.

BOOK ---- Grades 3-6. This book will help you fill fifteen to twenty minute periods during the school day - those early morning, late afternoon, or "between" times - with meaningful activities your students will enjoy. You will find literally hundreds of simple, stimulating ways to build self-esteem, promote creativity, develop cooperation, and make learning fun. Minneapolis, MN, Free Spirit Publishing, 1999.

FCS DVD ROM 90

The Life and Legacy of Ellen Swallow Richards

Joyce Miles

DVD ROM ---- This program tells the story of AAFCS founder Ellen Richards, the first woman to enter MIT as a student and become a professor at MIT. Richards was instrumental in helping the home economics profession become standardized, systematized, and upgraded. She founded the American Home Economics Association in 1909, now called the American Association of Family & Consumer Sciences (AAFCS), where she served as the first president. 13 minutes. Baltimore, MD, American Association of Family & Consumer Sciences, 2007.

FCS KIT 15

Strategies for Teaching Writing

Roger Caswell and Brenda Mahler

KIT ---- This three-ring binder contains research-based Writing Tools that quickly get teachers up to speed on effective writing strategies and provide materials needed to teach and assess the writing process. The tools include how-to-use instructions, teaching suggestions, classroom examples, and cross-curricular activities. Included are assessment strategies to help teachers assess students participation and progress at each stage of the writing process. 396 pages. Alexandria, VA, Association for Supervision and Curriculum Development, 2004.

FCS KIT 16

Promoting Learning Through Student Data

Association for Supervision and Curriculum Development

KIT ---- This multimedia kit helps turn learning data such as test scores and portfolio evaluations into meaningful insights on how to plan better programs and practices. Eight folders filled with information provide activities, research articles, and videoclips that encourage your school study group to explore: Methods for identifying and analyzing problems; Tools and techniques for collecting and interpreting test scores and other data; Tips to help design tasks that ensure students learn required knowledge and skills; Strategies for recording, charting, and reporting student progress. Eight activity folders and a videotape. Alexandria, VA, Association for Supervision and Curriculum Development, 1999.

Teen Parenting

FCS 20.0107 L562A

Teen Moms: The Pain and the Promise

Evelyn Lerman

BOOK ---- Stories from teen moms who assess themselves honestly, sparing neither themselves or their mates, many of them adults. The author's observations offer insight for society to take real responsibility in educating everyone, especially males, involved in this enduring complex problem. Buena Park, CA, Morning Glory Press, 1997.

FCS 20.0107 L562F

Books, Babies and School-Age Parents

Jeanne Warren Lindsay

BOOK ---- How to work with this special population to teach them skills to succeed as parents and in the workforce. Developing teen parent programs and curriculum. Buena Park, CA, Morning Glory Press, 1997.

Teen Pregnancy

FCS DVD ROM 24

The Stages of Labor: A Visual Guide for Teens

InJoy Videos

DVD ROM ---- 3-D animation and non-technical narration make The Stages of Labor easy to understand. Combines detailed animation of the labor process, live birth footage, and parents describing their experience of labor and delivery. Program includes: Differences between false and early labor; Ways labor can begin; Division of labor into three distinct stages; Average length of each stage of labor; How uterine contractions open the cervix and move the baby. Ages 13-21. 25 minutes. Boulder, CO, InJoy Videos, 1999.

FCS DVD ROM 24.1

The Stages of Labor: A Visual Guide for Teens, 2nd Edition

InJoy Videos

DVD ROM ---- The Stages of Labor for teens includes animation and graphics, and a teen narrator. Easy to understand 3D animation of the labor process, real video segments show teen parents in labor, and personal interviews. Includes: Pregnancy anatomy and pre-labor signs; Onset of labor and how to tell true labor from warm-up labor; How uterine contractions cause the cervix to thin and open; The emotional progression of labor; How support people can provide invaluable assistance; How the baby turns and moves through the birth canal; Delivery of the placenta, involution, and breastfeeding. Ages: 13 - 21. 31 minutes. Longmont, CO, InJoy Videos, 2007.

FCS DVD ROM 76

Sex Smart for Teens: Abstinence

InJoy Videos

DVD ROM ---- This video presents abstinence as a positive, healthy choice for teenagers. The consequences of sexual activity; including pregnancy, infectious diseases, and emotional costs are discussed in non-threatening terms that young people can relate to. Self-esteem, peer pressure, drugs and alcohol, and the influence of the media are all explored, with additional focus on smart approaches to dating, how to develop refusal skills, and the importance of communicating with parents and trusted adults. Includes facilitator's guide. 34 minutes. Longmont, CO, InJoy Videos, 2003.

FCS VIDEO 73

The Stages of Labor: A Visual Guide for Teens

InJoy Videos

VIDEO ---- 3-D animation and non-technical narration make The Stages of Labor easy to understand. Combines detailed animation of the labor process, live birth footage, and parents describing their experience of labor and delivery. Program includes: Differences between false and early labor; Ways labor can begin; Division of labor into three distinct stages; Average length of each stage of labor; How uterine contractions open the cervix and move the baby. Ages 13-21. 25 minutes. Boulder, CO, InJoy Videos, 1999.

FCS VIDEO 180

Abstinence... It's the Right Choice: 2nd Edition

SVE & Churchill Media

VIDEO ---- Helps viewers realize that abstinence is the right choice, and provides them with the tools that they need to say no to sex. Also makes students aware of the potential consequences of sexual activity - STDs and pregnancy. Grade level: Intermediate, Junior High. Length: 23 minutes. Chicago, IL, SVE & Churchill Media, 2000.

Violence Prevention

FCS 20.0101 S 13

Peer Mediation Program Guide: Conflict Resolution in Schools

Fred Schrumptf, Donna K Crawford, and Richard J Bodine

BOOK ---- This Program and Student guide shows how to implement a successful peer mediation program with students in grades 5-12, placing particular emphasis on social and cultural diversity. The Program Guide provides step-by-step instructions for training, orientation, and selection of training mediators, 350 pages. The Student Manual is recommended for each student mediator, 104 pages. Champaign, IL, Research Press, 1997.

FCS 20.0105 B 21

The Bully Free Classroom

Allan L Beane, PH.D

BOOK ---- Every school day, students are teased, intimidated, harassed, and hurt by other students. This book shows how you can do something about it. Over 100 tips and strategies for teachers K thru 8. Minneapolis, MN, Free Spirit Publishing Inc, 1999.

FCS CD ROM 22

STOP the Violence Toolkit

Family, Career and Community Leaders of America, Inc.

CD ROM ---- This program includes information on violence prevention in the family, school and community. Dating violence, domestic violence and bullying are among the topics included. Also includes information on the STOP the Violence program and peer-to-peer training. Reston, VA, Family, Career and Community Leaders of America, Inc., 2007.

FCS DVD ROM 45

7 Ways To Block a Cyberbully: With Section for Parents and Educators

Learning Zone Express

DVD ROM ---- This program details seven effective strategies for dealing with a digital bully. The plan includes: 1) Understanding the e-bully; 2) Protecting your password; 3) Guarding personal information; 4) Using safety software; 5) Cutting off communications; 6) Saying no to revenge; 7) Telling someone. An added section in the video outlines seven ways parents and educators can work to stop cyber bullying. Includes teacher material. Grades 6-adult. 15 minutes for Student and 10 minutes for Adult section. Owatonna, MN, Learning Zone Express, 2008.

FCS KIT 9

Teen Dating Violence Prevention Toolkit

American Bar Association

KIT ---- Designed to be used during National Teen Dating Violence Awareness and Prevention Week, but can be effectively used anytime. The Toolkit can be used to hold discussions and develop activities that: 1) Educate the community and school population, and involve them in prevention, and 2) Coincide with classroom curriculum while also addressing components of teen dating violence. Toolkit materials include: "Dating and Violence Should Never Be A Couple" DVD, 31 minutes; "Prevention Recommendations" Book; "Teacher's Guide"; Awareness Week Slogan Posters; Emergency Wallet Cards; "Materials Reproduction Disc"; "Attention Educators" Card. Washington, D.C., American Bar Association, 2006.

FCS VIDEO 89

Handling Dating Pressures and Harassment

Heartland Media

VIDEO ---- Vital issues discussed in this program include common misunderstandings between the sexes, when flirting crosses the line, sexual harassment, sexual coercion, date rape, and learning to say no to abuse. 30 minutes. San Francisco, CA, Heartland Media, 1997.

FCS VIDEO 90

Date Rape Drugs: An Alert

Meridian Corp.

VIDEO ---- Tips for personal safety for women and men. Drugs that have no taste or smell and are not visible. Street names for these drugs, how they will affect a person, what they look like and how they can be administered. Common sense tips on how to protect yourself. Includes users guide. 16 minutes. Bloomington, IL, Meridian Corp., 1999.

Work and Family Life

FCS 13.1308 A54

Work and Family Studies: An Implementation Handbook for Administrators and Teachers

Dee Allenspach

BOOK ---- Family and Consumer Science programs preparing students for personal, work and family responsibilities. Columbus, OH, Vocational Instructional Materials Laboratory, 1998.

FCS 13.1308 S47E

A Facility Planning Guide for Work & Family Studies

Deborah L. Will

BOOK ---- Transitioning from traditional Home Economics to Work and Family Studies requires facility changes. Plan according to the scope of the program; activities that will take place and methods of instruction. This will help plan new facilities or renovate existing ones. Glen Allen, VA, Virginia Vocational Curriculum Resource Center, 1998.

FCS 20.0101 B193

Balancing Work, Family, and Community Life

Edith Baldwin

BOOK ---- Curriculum guide with units including: What should we do: 1) about balancing six life roles? 2) to contribute to the development of a mutually supportive work environment? 3) to meet consumer needs within a nurturant family environment? 4) to promote equity in work and family roles? 5) about creating communities that support families? Corvallis, OR, Oregon State University, 1996.

FCS 20.0101 K644

OCAP: Work and Family Life

Vocational Instructional Materials Laboratory

BOOK ---- Developed through a modified DACUM (Developing a Curriculum) process involving business, industry, labor, and community agency representatives in Ohio, this document is a comprehensive and verified competency profile for work and family life courses. The list contains units (with and without subunits), competencies, and competency builders that identify the skills needed to coordinate work and family life. This list includes one unit of content competencies for each of six courses: personal development, resource management, life planning, nutrition and wellness, family relations, and parenting. Columbus, OH, Vocational Instructional Materials Laboratory, 1992.

FCS 20.0101 K644A

Life Planning Resource Guide: Work and Family Life Program

Joanna Kister

BOOK ---- This guide is designed to assist vocational home education teachers in implementing the life planning course that is one of the six core course areas of Ohio's Work and Family Life program. Included in the guide are an introduction providing an overview of the practical problems proposed in the life planning core course area, four process modules, and seven content modules. The process modules cover the following topics: managing work and family responsibilities, solving personal and family problems, relating to others, and assuming a leadership role. OH, Dept of Education, 1994.

FCS 20.0107 E52

The Families Book

Arlene Erlbach

BOOK ---- Recognizing the great variety of families in which children live, this book is for children in upper elementary grades, their parents, and teachers illustrates that variety through children's personal narratives about their families and descriptions of family activities. Minneapolis, MN, Free Spirit Publishing Inc, 1996.

FCS 20.0107 G133

Ask the Children: What America's Children Really Think About Working Parents, First Edition

Ellen Galinsky

BOOK ---- Quality time or quantity time? How children see their parents' parenting skills. What children want to tell their working parents. Why and how this study was conducted over a period of five years. New York, NY, William Morrow and Co., Inc., 1999.

FCS 20.0107 K37

Family Relations Resource Guide

Joanna Kister, Sandra Laurensen, Heather Boggs

BOOK ---- Practical problems related to role and significance of family; preparing for adult life and family life; nurturing human development through the lifespan; building healthy family relationships; managing stress, conflict, and crisis; coordinating work and family; and dealing with social forces that impact families. Columbus, OH, Ohio State University, 1995.

FCS 20.0107 K644B

Resource Management Resource Guide: Work and Family Life Program

Joanna Kister

BOOK ---- This Resource Management Resource Guide is intended to help teachers implement Ohio's Work and Family Life Program. Course content focuses on the practical problems related to managing human and material resources, making consumer decisions, and feeding, clothing, and housing the family. These practical problems are posed through case studies and shared experiences and examined using critical questions that lead to ethical decisions and reasoned action. OH, Division of Vocational and Career Ed, 1993.

FCS 20.0107 K644C

Resource Management Resource Guide: Work and Family Life Program

Joanna Kister

BOOK ---- This Resource Management Resource Guide is intended to help teachers implement Ohio's Work and Family Life Program. Course content focuses on the practical problems related to managing human and material resources, making consumer decisions, and feeding, clothing, and housing the family. These practical problems are posed through case studies and shared experiences and examined using critical questions that lead to ethical decisions and reasoned action. OH, DIVISION OF VOCATIONAL AND CAREER ED, 1993.

FCS 20.0107 VA819

Exploring Work and Family Roles

Virginia Department of Education

BOOK ---- Includes 8 sheets on the Exploring Work and Family Roles program which cover the following: program description; program goals; course description; course goals; task/competency lists; implementation schedule. VA, Virginia Department of Education, 1994.

Workplace Skills

FCS 20.0109 WPS1

Learning for Earning: Your Route to Success

John Wanat

BOOK ---- Introduction to the skills needed to succeed in school, on the job and on your own. Provides an understanding of the world of work. Tips on how to find a suitable job for you, and how to keep a job and advance in your career. Responsibility to manage a paycheck; budgeting; banking services; housing and transportation needs. Tinley Park, IL, The Goodheart-Willcox Company, 1999.

FCS 20.0199 F17

Career Development/Entrepreneurship Education

Susan Faseler, Sandy Brown

BOOK ---- A curriculum resource guide utilizing process skills and critical thinking and practical problem solving to address career development and entrepreneurship education concepts. Includes process and content modules supporting competencies in the Missouri high school Career/Entrepreneurship semester course. Activities/assessments throughout the guide assist students in the exploration, development and implementation of career and entrepreneurial skills. Columbia, MO, Instructional Materials Laboratory, 2002.

FCS VIDEO 64

Business Ethics in the 21st Century

Meridian Education Corporation

VIDEO ---- How ethics plays an important role in good business management. Explains how ethics affect standards and helps reinforce organizational integrity. 16:14 minutes. Bloomington, IL, Meridian Education Corporation, 2000.

FCS VIDEO 66

The Exceptional Employee: A Guide to Success on the Job

Cambridge Educational

VIDEO ---- Program emphasizes the skills needed to be an exceptional employee. 25 minutes. Charleston, WV, Cambridge Educational, 1998.

FCS VIDEO 69

Teamwork: A Skill You'll Need

Sunburst Communications

VIDEO ---- Stresses importance of being a team member at work. Communication, cooperation and problem solving skills are discussed. 26 minutes. Pleasantville, NY, Sunburst Communications, 1998.
